

Volume 7 Number 2

ANA - NEW YORK NURSE we make a difference for nurses in new york state

October 2022

The Official Publication of the American Nurses Association - New York ANA - New York Nurse will reach over 72,600 New York nurses and schools of nursing.



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ANA-NY Announces Results of 2022 Election

Thank you for taking the time to cast your votes. The election results:

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Nominations & Elections

Kunsook Bernstein, PhD, RN, PMHNP-BC, FAAN, Baldwin, NY Linda Scharf, DNS, RN, Lockport, NY





Daryl Sharp, PhD, RN, FAAN, Rochester, NY



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Jeanine Santelli, PhD, RN, AGPCNP-BC, FAAN,

We are ready for another AMAZING conference this year with our special guests, Dr. Ernest Grant, American Nurses Association President and Dr. Sylvain Brousseau, Canadian Nurses Association President. We are looking forward to reviewing the conference evaluations to see how members felt about our first foray into themed concurrent and

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poster sessions. We will also be looking for feedback on our new conference app and ANA-NY website.

By the way, look inside this issue to "meet" your new Board of Directors. The Board of Directors will be reviewing the results of the Visioning Dialogue Forum as they create the next ANA-NY Strategic Plan in 2023. Watch for opportunities to join discussions through our new Special Interest Groups: Impact of Climate Change on Health, Addressing Verbal Abuse and Workplace Violence, Nurse Staffing, Health Policy & Law.

You can also see the 2022 ANA-NY Award Recipients and other Members on the Move in this issue. If you see a colleague, be sure to congratulate them!

Mark your calendars and save your pocket change for our 11th Annual Conference at Turning Stone Casino, November 9-11, 2023. You will want to keep your



eyes open for more great programs from our Program Committee. In 2022 we held a Beach Clean-Up on Long Island, Summer Social in Niagara Falls, three webinars which are still available for viewing on our YouTube channel, and two Books & Brunch discussions. Watch for even more in 2023!



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- Subject to editing by the ANA-NY Executive Director & Editorial Committee
- Electronic submissions ONLY as an attachment (word document preferred)
- Email: programassociate@anany.org
- Subject Line: ANA-New York Nurse Submission: Name of the article
- Must include the name of the author and a title.
- ANA-NY reserves the right to pull or edit any article / news submission for space and availability and/or deadlines
- If requested, notification will be given to authors once the final draft of the ANA New York Nurse has been submitted.
- ANA-NY does not accept monetary payment for articles.

Article submissions, deadline information and all other inquiries regarding the ANA-New York Nurse please email: programassociate@anany.org

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PRESIDENT'S MESSAGE

Dr. Marilyn L. Dollinger RN ANA-NY President

Welcome to our new format for the ANA-NY newsletter: available exclusively online as we update to meet members' needs and be mindful of the impact on the environment!

I hope to see many of you at the ANA-NY Annual meeting

October 27-29 in Niagara Falls, NY. Our keynote speaker Dr. Ernest Grant, ANA President, will be sharing the results of the Commission to Address Racism in Nursing, a multistakeholder group he was instrumental in convening, and how state organizations like ANA-NY can support the challenges needed to promote change. The results of the



Commission are available on the ANA website (https:// www.nursingworld.org/practice-policy/workforce/racismin-nursing/national-commission-to-address-racism-innursing/commissions-foundational-report-on-racism--in-<u>nursing/</u>)

After Dr. Grant's address, he will be joined by the President of the Canadian Nurses Association, Dr. Sylvain Brousseau for a discussion of the "state" of nursing and healthcare in both countries and "where do we go from here?"

In our effort to enhance the deliverables for all Registered Nurses in New York, ANA-NY is implementing a series of Special Interest Groups (SIG) starting after the Annual Meeting. To start-these will be based on the areas designated by the discussion forums at the Delegate Assembly in Washington, June 2022 as well as a few areas that members have requested.

• The Impact of Climate Change on Health

October 2022

- Advancing Solutions to Address Verbal Abuse and Workplace Violence Across the Continuum of Care
- Nurse Staffing
- **Racial Reckoning**
- Policy and Advocacy

New SIG/topics can be added based on members' interests. So, my challenge to you: which of these can you provide some expertise or leadership for? Which are you interested in joining to learn more?

We need ACTION. We cannot return to the healthcare system that we had in 2019. The healthcare workforce and systems problems we face in the "post-pandemic" era are not new but have an increased urgency after the stress of a global crisis. Join us in being part of the solution.

Secretary Gertrude "Trudy" Hutchinson, DNS, RN, MA, MSIS,

CCRN-R, Altamont, NY

Meet Your 2023 ANA-NY Board of Directors

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Sarah Miner, PhD, RN, Rochester, NY







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LEGISLATIVE UPDATE

By Amy Kellogg and Caiti Anderson

In the last newsletter, we outlined what had happened during the 2022 legislative session. As a reminder, the Legislature concluded their official business for the year on June 3, 2022. Since the end of the legislative session, the focus has been on the 2022 Primary Elections.

As a reminder, 2022 is a redistricting year in New York. This meant that all the current legislative districts were redrawn to reflect the population shifts in New York, as accounted by the 2020 Census. An independent redistricting commission drew

proposed lines for the State Assembly, State Senate and U.S. Congressional lines. A lawsuit challenged the lines for the State Senate and the U.S. Congressional seats, which led to a judge ruling the lines were invalid and ordering a second Primary Election for the New York State Senate races and the U.S. Congressional races on Tuesday, August 23. The June 29th Primary remained in place for the New York State Assembly and Statewide office races.



The June primary saw Governor Kathy Hochul easily win the Democratic primary, defeating Congressman Tom Suozzi and New York City Public Advocate Jumaane Williams, thereby becoming the first ever New York woman to be a Gubernatorial candidate in the General Election. On the Republican side, Congressman Lee Zeldin prevailed over former Westchester County Executive Rob Astorino, businessman Harry Wilson, and former Special Advisor to President Trump Andrew Giuliani. The statewide June primary also saw a challenge on the Democratic line for Lieutenant Governor. Governor Hochul's appointed Lieutenant Governor, former Congressman Antonio Delgado, won a spirited primary challenge from Ana Maria Archila, who ran as Jumaane William's running mate.

For the New York State Assembly, there were unprecedented primary challenges in well over two dozen Assembly seats. For the most part, these challenges saw long term incumbents being challenged by a wave of younger, more progressive candidates. Ultimately, the incumbents fended off their progressive challengers.

During the second Primary Election in August, there were two Congressional races that captured national attention. The first race was a primary for the 12th Congressional District, which saw two long-time incumbents facing off as the result of the redistricting map drawn by a Special Master appointed by the judge who threw out the initial lines. Representatives Carolyn B. Maloney and Jerrold Nadler, both senior members of Congress who had served together for the past three decades, faced off in a heated race, and in the end, Representative Nadler defeated Representative Maloney by a significant margin.

The second race that captured national attention was for the 10th Congressional District, which was an entirely new district created in New York City without an incumbent. As a result, there were more than a dozen candidates running for the seat. Daniel Goldman, the heir to the Levi Strauss fortune who prosecuted President Trump's first impeachment case, won by a slim margin. Assemblymember Yuh-Line Niou was close behind in second place.

On the New York State Senate side of the August Primary election, there were many primary challenges as a result of the newly drawn maps. In the end, though, there were no real surprises. All eyes will now turn to the General Election which will occur on Tuesday, November 8. The statewide races for the General Election will be as follows:

- For Governor: Governor Kathy Hochul (D) and Lieutenant Governor Antonio Delgado (D) v. Lee Zeldin (R) and Alison Esposito (R)
- For Attorney General: Attorney General Letitia James (D) v. Michael Henry (R)
- For Comptroller: Comptroller Tom DiNapoli (D) v. Paul Rodriguez (R)
- For U.S. Senate: U.S. Senator Chuck Schumer (D) v. Joe Pinion (R)

The New York State Assembly and Senate candidates will also be on the ballot. To determine which candidates will be on your ballot in November, you can visit the New York State Board of Elections website. Please note, however, that this information is not yet published.

When the legislative session adjourned on June 3, most assumed that the Legislature would not return until 2023. This quickly changed at the end of June, when the Supreme Court struck down portions of New York's statute related to possession of firearms. As a result, the Governor convened a special legislative session on June 30, where the Legislature and her reached an agreement on the Concealed Carry Improvement Act.

While the special session was initially called for the gun control issues, the Supreme Court also released the Dobbs vs. Jackson Women's Health Organization decision that same week. This increased the pressure on New York elected officials to enshrine the right to abortion access in the state Constitution. As a result, in addition to the gun legislation agreement, the Governor and the Senate and Assembly also reached an agreement on the Equality Amendment. The Equality Amendment will add equal protection of the laws for ethnicity, national origin, age, disability, sex, including sexual orientation, gender identity, gender expression, pregnancy, pregnancy outcomes, and reproductive healthcare and autonomy. For full ratification of the Equality Amendment, changes to the state Constitution must pass in two consecutive legislative sessions and then appear on the ballot in the November following that second session. If all proceeds as expected, the Equality Amendment will appear on the ballot for final approval in November 2023.

Although a lot of focus has been on the political side, we have continued to advocate for the Governor to sign the surgical smoke bill, A9974/S8869, sponsored by Assemblymember Richard Gottfried and Senator Gustavo Rivera. This bill would require general hospitals and ambulatory surgery facilities to adopt and implement policies to prevent exposure to surgical smoke. There are currently 451 bills awaiting the Governor's signature, so we will continue to push for this important legislation to be signed.

As we continue to up our legislative work from the 2022 legislative session, we are also turning our attention to the 2023 legislative session and our priorities for next year. The Legislative Committee met over the summer to update the legislative priorities list that will be presented to the membership at the annual meeting in October. The legislative priority list shapes the work we do for the upcoming legislative session. Last year, we added a new focus to the legislative priorities on public health and health equity prioritization. This item is again on the priority list and has been expanded. We know that registered nurses are the single most important influence in the delivery and management of care for patients. Ensuring a robust patient experience means that registered and advanced practice nurses must play a pivotal role in public health.



If you have any questions about the legislative process or the priorities of ANA-NY, please contact a member of the Legislative Committee. As always, we welcome your questions, thoughts, ideas or comments on legislation or the bill track.

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Latisha Russell, RN Bronx Campus Nurse



Shawn Bovd, RN Bronx Campus Nurse



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Kelly Saulnier, RN Hospice Nurse



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Speakers Bureau

Did you know that ANA-NY has a Speakers Bureau? Currently available topics include:

- Archiving
- **Bedside Care**
- Challenging
- Conversations
- Change
- Civic Engagement
- Clinical Nurse Leader
- **Compassion Fatigue**
- **Continence Care**
- **Disaster Education**
- **Diversity in Nursing** Education
- Drugs of Abuse
- Employee
- Engagement Future of Nursing
- Geriatrics
- Health Disparities **Health Promotions**
- Homeland Security
- Informatics
- Labor & Delivery

- Leadership
- Learning
- Methodologies Long Term Care
- Magnet Journey
- Neonatal Abstinence
- Syndrome
- **Neonatal Palliative**
- Care
- NICU
- Non-profit Governance
- Nurse

Data

Nutrition

Oral History

- Entrepreneurship
- Nurses on Boards
- **Nursing Education**
- Nursing History
- Nursing Leadership
- Nursing Workforce
- Work Environment

Organ Donation

Ostomy Care

Palliative Care

Patient Safety

Public Health

Regulations

Research

Self-care

Simulation

Skin Cancer

Teams

Rapid Response

Policy & Advocacy

Population Health

Quality Improvement

Wound Care

See something you like? Need a speaker for your upcoming event, reach out to executivedirector@anany.org with your request and we will do our best to make a match!

If you would like to be included, send your information, including content area(s) of expertise, to executivedirector@anany.org

The Speakers Bureau is an internal listing. It is not a public database. Should an inquiry for speakers come in related to your region and topic, ANA-NY staff would reach out to you to determine your interest and availability. Should you be interested in that specific speaking opportunity, we would then connect you with the host group.

At the most recent Executive Board meeting, on your behalf,

- We received a "Thank You" note from the Kentucky Nurses Association for our donation to help nurses in the aftermath of their recent flooding. Our support was greatly appreciated.
- ANA-NY has signed on to the letter of support to CMS
- Winners of the recent election were recognized and appreciation expressed to the N&E Committee
- Brittany Lawton, CEO of Highly Caffeinated Marketing shared the improvements made to ANA-NY's website and her thoughts for the future. A soft launch of the website will occur in September and a full launch at the convention.
- Received the President's report
- Received an update from Phil Meyer on the convention, number of registrants, technology innovations coming for use during convention, discussion of the Silent Auction.
- Received update from President Dollinger about the need for additional staffing in our home headquarters. Appreciation voiced by all the Board to ED Santelli and Program Manager Phil Meyer for all their hard work daily and to get us to this juncture before convention.

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Resources for Nurses: Helping Families of Dementia Patients

More than 410,000 New Yorkers are living with Alzheimer's, and the difficulties associated with dementia mean nurses often respond to requests for support and advice from family members. As gatekeepers in these situations, a great resource for nurses to direct families to is the Alzheimer's Association, a non-profit voluntary organization dedicated to finding prevention methods, treatments, and an eventual cure for Alzheimer's disease. As a large number of people living with Alzheimer's are not diagnosed - or unaware of their diagnosis - the Association also emphasizes early detection. Nurses are in a position to aid in this by identifying patients who may show signs and symptoms of dementia and encouraging families to have their loved one see either their PCP or a neurologist to complete a comprehensive evaluation. After all, an early and accurate diagnosis can improve the quality of care and quality of life and may reduce the financial impact of the disease.

Along the dementia journey, nurses can help decrease the heavy load on caregivers by pointing out the various resources the Alzheimer's Association provides to support and assist them, including:

- Helpline Families are only a phone call away from getting information, education and support related to Alzheimer's disease, caregiving and community resources through our 24 hours/day, 7 days/week Helpline. To reach a Helpline Specialist, call 800-272-3900.
- Care Consultation Personalized sessions for individuals and families with Alzheimer's Association staff to help them better understand the Alzheimer's disease process and develop an action plan for the future. To set up a care consultation, please call 800-272-3900.
- Support Groups The seven New York chapters of the Alzheimer's Association offer a variety of support groups throughout New York's 62 counties for people in the early stages of Alzheimer's disease as well as family members, friends and caregivers of those diagnosed with Alzheimer's disease and related dementias. Group members learn more about the disease, share experiences and strategies to face daily challenges, and provide support and encouragement.
- Education Programs Free educational programs, professional trainings and caregiver conferences are offered throughout the year to provide knowledge and practical tips for understanding and caring for persons with Alzheimer's disease. Programs are listed on our website, www.alz.org.
- MedicAlert MedicAlert® is a 24-hour nationwide emergency response service for individuals with Alzheimer's or a related dementia that wander or who have a medical emergency.

To learn more about the Alzheimer's Association's mission and available services across New York State, visit alz.org or contact Erica Salamida, Director of Community Outreach for the NYS Alzheimer's Association Coalition at (518) 675-7197.

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MEMBERS ON THE MOVE



American Academy of **Nursing Designates Eleven Innovative Models as Edge Runners**

Nurse-Designed Models of Care Selected for Recognition at the 2022 Health Policy Conference

Washington, D.C. (August 30, 2022) - The American Academy of Nursing (Academy) has selected eleven novel models of care to be named Academy Edge Runners. Edge Runners are evidence-based, nurse-designed, innovative models of care or interventions with significant, demonstrated outcomes to improve health, impact cost, and influence policy. Each of these programs highlights nurses' ingenuity and collaboration in developing new methods to provide care and promote health equity.

One of these innovative programs includes ANA-NY members:

Nurses Improving Care for Healthsystems Elders (NICHE) - Mattia J. Gilmartin PhD, RN, FAAN; Jennifer L. Pettis, MSN, RN, CNE; Eugenia Bachaleda, MA; Louise Simon, BS, LLM, ICBB; Joanna Melendez, BS; Eileen Sullivan-Marx, PhD, RN, FAAN; Terry Fulmer, PhD, RN, FAAN



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- Pediatric Nurse Practitioner



American Academy of Nursing Announces the 2022 **Class of New Fellows, its** Largest Cohort to Date

Academy to Induct 250 Nurse Leaders at its Health Policy Conference in October

July 26, 2022 (Washington, DC) — The American Academy of Nursing (Academy) announces today that it has selected 250 distinguished nurse leaders to be inducted into the 2022 Class of Fellows. The inductees will be recognized for their significant contributions to health and health care at the Academy's annual Health Policy Conference, taking place on October 27-29, 2022 in Washington, DC. This year's conference theme is "From Reflection to Impact: Positioning Nursing's Future."

The newest Fellows represent 35 states, the District of Columbia, Puerto Rico, the U.S. Virgin Islands, and 17 countries. In welcoming these Fellows, the Academy will be comprised of more than 3,000 leaders who are experts in policy, research, administration, practice, and academia that champion health and wellness, locally and globally.

"As the American Academy of Nursing's President, it gives me great pride to announce the largest class of Fellows since the organization began nearly 50 years ago," said Kenneth R. White, PhD, RN, AGACNP, ACHPN, FACHE, FAAN. "At a time when investments in, and policy to address, health equity, innovation, and access are paramount, the Academy is thrilled to welcome these dynamic and courageous nurse leaders who will support our collective vision of healthy lives for all people. Induction in the Academy is a powerful moment in a nurse's career. When we gather this fall, to award the Fellowship credential, I look forward to celebrating each Fellow's incredible accomplishments that have improved the well-being of communities across the globe."

Through a competitive and rigorous application process, the Academy's Fellow Selection Committee, which is comprised of elected and appointed Fellows, reviewed a record number of applications, representing a 30% increase from the previous year, ultimately selecting the 2022 Fellows based on their contributions to advance the public's health. Induction into the Academy is a significant milestone in which past and current accomplishments are honored by their colleagues within and outside the profession.

ANA-New York members

Adriana Arcia, PhD, RN – Columbia University and the University of San Diego Susan Blaakman, PhD, RN, PMHNP-BC, FNAP - University of Rochester Karol DiBello, DNP, FNP-BC, ACHPN – Columbia University Nicolette Fiore-Lopez, PhD, RN, CNEP - St. Charles Hospital Barbara Glickstein, MPH, MS, RN – Barbara Glickstein Strategies Jared Kutzin, DNP, MS, MPH, RN, CPHQ, CPPS, NEA-BC, FSSH - Mount Sinai Hospital, Icahn School of Medicine at Mount Sinai Fidelindo Lim, DNP, CCRN – New York University Marlene McHugh, DNP, DCC, FNP/AGACNP-BC, ACHPN, FPCN – Columbia University Beth Oliver, DNP, RN – Mount Sinai Health System Edmund J. Y. Pajarillo, PhD, RN BC, CPHQ, NEA BC, ANEF – Adelphi University Pamela Stewart Fahs, PhD, RN - Binghamton University

Carolyn Sun, PhD, RN, ANP-BC - Hunter College

Ann Kurth to Become First Nonphysician to Lead New York Medical Association

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Although not an ANA-NY member, we would like to extend our congratulations to fellow New York nurse, Dean of the Yale School of Nursing, epidemiologist Ann Kurth, PhD, MPH, RN, CNM, FAAN, FACNM, who will become the first nurse to preside over The New York Academy of Medicine (NYAM) on Jan. 1, 2023.

Speaking with Medscape Medical News, Kurth addressed that NYAM broke with tradition and selected a nurse instead of a medical doctor to lead the organization, saying, "NYAM has always been a pioneer [in improving] the health of the population and drawing on science to do so.... There are not many medical associations that have as long a history. The board and a national search firm had the foresight to be open to non-MD leadership. It brings things up to the 21st century."

Remarking on what this means for nurses as leaders, Kurth said, "Health takes a team. Health care and public health require multiple disciplines.... It's great to have a nurse move into a role traditionally filled by a physician.... Nurse leaders are breaking the barrier."

COMMITTEE SPOTLIGHT





Nominations and Elections Committee

Grace Anne Crockett

My name is Grace Anne Crockett and I am the chair of the Nominations and Elections Committee. I am looking forward to chairing the committee this year to find some competitive candidates to fill our vacant positions and to encourage more members to vote in our election! I am a BSN prepared RN



and after working two and a half years in the inpatient hematology/oncology unit I transferred to the PICU at Memorial Sloan Kettering Cancer Center (MSKCC). I am also conducting research at MSKCC within the Nursing Research fellowship. I look forward to advancing my career in the near future and going back to school to become a Pediatric CNS. Some of my hobbies include hiking, snowboarding and traveling around the world.

Kerlene Richards

Dr. Kerlene Richards, DNP RN **NE-BC CCRN**

innovative doctorate An prepared Nurse Leader with 20 years experience, over currently a Nurse Manager of a 31 bed Medical Surgical Unit at a community hospital. Adept at managing progressive nursing programs with an exemplary

record of leadership in Medicine-Surgery, Telemetry and Cardiothoracic ICU. Extensive knowledge of training and mentoring programs with the demonstrated ability to build nurses' capacity, confidence and understanding of ethical matters while developing essential leadership skills. Proven ability to collaborate with cross-disciplinary teams to foster a healthy work environment and cultivate collaborative multidisciplinary community relationships. Active member of local and national Nurses Organizations; Poster and podium presenter at local, national and international nursing conferences.

Margaret Franks

Margaret is a Registered Nurse currently working at Vassar Brothers Medical Center in Poughkeepsie, NY. She has worked as a Med Surg nurse for the last five years and as a Covid Med Surg nurse since the



start of the pandemic. She has seen firsthand not only the incredible work done by fellow nurses, but also the resulting stress and burnout experienced by many. She is a member of the NYSNA Executive Committee at Vassar, the Vassar Political Action Team, and Secretary of the Dutchess County CLC, and hopes to improve the working experience for all nurses. She would like the nurses of the Hudson Valley to have a voice and representation in ANA-NY as their local issues are similar to those faced by nurses statewide and nationally.

Megan Scali

My name is Megan Scali and I am a member of the nominations and elections committee. I graduated from Molloy College in 2019 and began my career in the CCU at NYU Langone Hospital. This summer, I made the switch over to NYU Long Island to be one of the Assistant Nurse Managers in the SICU and love that I get

to be a leader and mentor to the staff. In my free time, I enjoy running and knitting! I am looking forward to working on the committee in the year ahead!

Winnie Kennedy

I was born and raised in Camillus, daughter of Helen and Al Myrdek, former Mayor of Camillus in the "60's." My grandparents worked and retired from the Camillus Cutlery.

I graduated from West Genesee Sr. High School in 1964, received a Bachelor's degree in Nursing from Niagara

University, a Master's in Adult Education from Morehead State University and graduate credits in Business Administration from Chapman College.

Prior to retiring from the NYS Department of Health after 27 years in March 2003, I participated in the development of the Bioterrorism Preparedness Plan and the implementation of the smallpox plan for CNY.

I served on active duty during the Vietnam era from 1966-73 in the US Army Nurse Corps. After serving on active duty I joined the reserves and in 1994 retired from the 376th Combat Support Hospital Reserve Unit as a Lieutenant Colonel. I served a combined total of 24 years in the Army reserve and on active duty.



Currently I am active in the American Legion -Knifetown Post #1540; the Central Counties Professional Nurses Association, serve as a member of the Council on Legislation of the NYS Nurses Association, on the Board of Directors of the Syracuse Metro League of Women Voters as Secretary, CNY NOW Board of Directors and the Onondaga and Camillus Democratic Committees.

I have been involved in the political process since elementary school, either working on my father's campaigns, other campaigns or my own. I served six years as a Camillus Town Councilor (2002-2007).

The future of this county and the impact the political process has on that outcome is very important to me. Change will come through hard work and perseverance. All politics are local and I encourage everyone to take an active role in shaping the future.

I have used the quote below several times – it's simple but says a lot.

"The future belongs to those who believe in the beauty of their dreams"

~ Eleanor Roosevelt.

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ORGANIZATIONAL AFFILIATE SPOTLIGHT



Greater New York City Black Nurses Association

Dr. Selena Gilles, DNP, ANP-BC, CNEcl, CCRN, FNYAM

The genesis of the Greater New York City – Black Nurses Association, Inc (GNYCBNA) was forged out of the need for a new chapter in New York City that was progressive and innovative. Founded in 2017, the chapter grew quickly and received its official national charter on August 2, 2018 during the 46th NBNA (National Black Nurses Association) Institute and Conference held in St.

Louis, MO. The chapter logo was chosen to be representative of the entire city of New York. It features a landscape of New York City that has replaced the iconic statue of liberty with the continent of Africa to represent and honor our ancestral ties to the African diaspora. The membership chose the following as its official chapter moto, "FOR THE GREATER GOOD" to highlight the fact that we strive through our various activities to have a positive impact on the communities where we live, work, and play. Our work aligns with the NBNA mission, which is "to provide a forum for collective action by African American nurses to represent and provide a forum for black nurses to advocate for and implement strategies to ensure access to the highest quality of healthcare for persons of color." The GNYCBNA vision is to U.N.I.T.E. NYC: uplifting neighborhoods through innovation, teaching and engagement. Currently we have over 180 members, inclusive of nursing students, registered nurses, nurse practitioners, nurse educators, and nurse entrepreneurs.

GNYCBNA is heavily involved in community service with a focus on health education, improving health, and building and strengthening the community. This is through stand alone efforts or collaboration with local community and professional organizations. Due to our dedication to community service, we received the NBNA Programming Award in 2021. Each year, GNYCBNA hosts and/or participates in at least 20 events. This includes community health fairs where we conduct health screening and education; career days at local public schools where we educate students in underserved communities about careers in the health professions; various walks and/or parades like the African American Day Parade, Breast Cancer Walk, and NAMI Mental Health walk; career and professional development workshops in collaboration with healthcare organizations like Northwell Health; and social events, just to name a few. Each year we raise money for our annual back to school event, Thanksgiving food drive, and Christmas toy drive. To date, we have raised more than \$15,000. One of the causes that is near and dear to our hearts is the maternal mortality crisis in communities of color. Because of this, we established a Maternal Health Committee in an effort to bring awareness that Black women and families face during pregnancy. Each year, for the last three

years, we have hosted a Maternal Health Conference. The purpose of the Black Maternal Health Conference is to bring awareness to the disparities Black women and families face during pregnancy. We also have a Men's Health Committee. Each year, we host at least two "Barbershop Talks." With this event, we are able to meet black men where they are and discuss important healthcare topics.

In response to the opioid epidemic that has a huge impact on communities of color, in 2018, we registered as a New York State Opioid Overdose Prevention Program. This allows us to train individuals in our community on how to administer Naloxone (Narcan), a safe and effective antidote for all opioid-related overdoses, to individuals who may have experienced an opioid/heroin overdose and prevent it from becoming fatal. Since establishing our program in September of 2018, we have developed strategies to increase awareness among the black community regarding the opioid overdose epidemic and initiatives to decrease opioid overdose deaths. Collectively these initiatives have resulted in more than 750 people trained and more than 750 narcan kits administered to community members, healthcare providers, and other professionals.

During the covid pandemic, we co-created and implemented a NP-ran COVID 19 vaccination initiative in Brooklyn and Queens, NY with members from the community (Stop the Spread, multiple Black churches, Community Health Network federally qualified health centers, NYU Rory Meyers College of Nursing, and LIU Brooklyn School of Nursing). The 4 established FEMA covid vaccination sites in underserved communities of color ran four days a week and coordinated over 80 pop up vaccine clinics throughout NYC. Nursing students from NYU Meyers and Long Island University had the opportunity to volunteer, rotating through our vaccine site over a period of five months, working with a nursing team of APRN's, registered nurses, and licensed practical nurses, administering vaccinations and providing health education in underserved communities of color. The clinics addressed vaccine hesitancy while assisting in creating vaccine equity within underserved communities, administering >28,000 vaccines (amongst 4 sites and 80 pop up clinics) in areas with high rates of COVID, 70% of them being administered to Black and Hispanic populations.

We take provide in being advocates for our profession and our community. Each year, we participate in NBNA's Day on the Hill, where our chapter members and students from our respective institutions are able to speak with their representatives about issues that are important to their community. The community always supports our local advocacy. At our 2020 Healthcare March for Social Injustice, over 750 healthcare providers joined us, marching from Washington Square to Barclay Center, in order to rally for healthcare inequities and the public health crisis that is racism. In addition, our chapter has been designated as the leader in promoting the NIH All of Us Research Initiative, which has allowed us to host many educational events as well as educate the community about this important initiative.



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ANA-NY 2022 Award Recipients

ANA-NY 10th Anniversary Hall of Fame Award Recipient – Dr. Barbara Zittel

Dr. Zittel has worked as a staff nurse and nursing faculty. Most of us know her from her 16-year tenure as the Executive Secretary for the New York State Board for Nursing (NYSBFN). As Executive Secretary, Dr. Zittel maintained responsibility for the licensure, discipline, and scope of practice determination for over 340,000 Licensed Practical Nurses, Registered Nurses, Nurse Practitioners, and Certified Registered Nurse Anesthetists. She provided direction regarding the NYSBFN's decisions on scope of practice such as differentiated practice



between LPNs and RNs, development and dissemination of hundreds of complex guidelines for RN practice, and contested scope determinations for NPs and CRNAs impacting nursing policy nationwide. Her conceptualization of a legislative/regulatory model to advance the education of RNs attracted national attention seven years before the Institute of Medicine's "80-20" recommendation. The model of maintaining current RN educational programs while mandating that all newly licensed nurses obtain the BS degree after a prescribed number of years was viewed as a means of standardizing nursing education across all practice venues. Based on her longstanding support of nurses and nursing practice in New York State and her leadership in the advancement of nursing education legislation in the state and advocacy for its national implementation, Dr. Barbara Zittel has been selected for the ANA-NY Tenth Anniversary Hall of Fame Award.

Mentorship Award – Dr. Dawne DeVoe Olbyrch and Dr. Jenny Uguru

Dr. Dawne DeVoe Olbyrch has been a mentor to new faculty through role modeling a commitment to excellence in student-centered clinical care, caring, and compassion. She has shepherded new faculty through the implementation of interdisciplinary simulation and other evidence-based innovations in nursing education and professional scholarship. She worked with junior faculty teaching item writing and content mapping. She has encouraged junior faculty to pursue further education, embark in research, and disseminate their



work. Colleagues of Dr. Olbyrch reported that their mentoring relationship has lasted in excess of ten years. Her dedication to the profession of nursing, leadership ability, clinical expertise, and generous sharing of knowledge were the criteria for selecting Dr. Dawne DeVoe Olbyrch for the Mentorship Award.

Dr. Jenny Uguru has mentored multiple nurses in undergraduate, graduate, and doctoral-level programs. Her passion for professional growth and development extends beyond simply leading by example. She routinely encourages, influences, supports, guides, directs, and precepts nursing students. Dr. Uguru supported the development



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of educational pathways for orientation of novice nursing staff, research by serving as the first chairperson of a Research and Evidence-Based practice committee supporting doctoral-level students, and practice improvement by supporting staff in the engagement of shared governance councils and quality improvement projects. As a strategic planner who assists her mentees in developing attainable personal and professional goals, Dr. Jenny Uguru was selected to receive the Mentorship Award.



Darcey Mulligan is a liaison librarian at the University of Rochester Medical Center. Her work supports student nurses and clinical nurses at URMC. Ms. Mulligan attends orientation sessions and classes to help the students in group settings and meets one-on-one to assist with literature searches for both on-campus and distance learners. She works with faculty to create guides and resources related to specific coursework. In addition to her support of nurses through her library role, she is also active in the School of Nursing Center for Academic and Professional Success, the Evidence Based Practice Council, Evidence Based practice Champions, Medical Center Magnet





Champions, and the nurse residency programs. She has co-taught an Evidence Based Practice Education Series session, "Writing Picot Questions." She has also taken a role in supporting patient education and joins members of one of the Psychiatry units to help locate and share reliable, accurate, and readable information about diagnoses of new medications for the patients and family members. Based on this commitment to nursing excellence, Ms. Darcey Mulligan has been selected for the Friend of Nursing Award.

No Kidding! What bone is the King of Rock n' Roll's favorite? P-elvis

With the release of the Elvis movie and the 45th anniversary of his death this past summer, I thought it only prudent to take a dive into the King of Rock n' Roll's medical file and uncover the medical conditions that contributed to his death. Passing away at only 42 years old from "coronary problems," his death has been a debate ever since (Ribhu & Cooper, 2022). After his death, accounts began to surface about Elvis' history of prescription drug abuse and overdose hospitalizations which resulted in a criminal trial of his private physician Dr. George Nichopoulous in 1981 (Tennant, 2017). Although Dr. Nichopoulous was found not guilty at that trial, much was learned about Elvis' health status leading up to his death as a result. "In the last three years of his life, Elvis was so ill and disabled he required around-the-clock nursing care" and gained weight at a rapid pace (Tennant, 2017, para.4). If you are interested in hearing more about what caring for Elvis was like, hop over to Amazon.com and get a copy of Taking Care of Elvis, Memories with Elvis As His Private Nurse and Friend (2015) by Letetia "Tish" Henly Kirk, his nurse from 1968-1977. Tennant (2017), the MD called upon as an expert witness in the Nichopoulous trial, believed that Elvis' chronic pain stemmed from multiple head injuries. The most prominent head injury was in 1967 from him falling headfirst into a bathtub after tripping over a television cord which caused a disc protrusion at L4 (Tennant, 2017). We all know how the story goes from there - cue to opioid prescriptions. What we didn't know then that we do now (thanks to the opioid epidemic) is how chronic substance use affects the human body and just how addicting opioids are. Substance Use Disorder wasn't added to the DSM until after his death and coronary heart disease was just as prevalently found on death certificates then as it is now (Ford, et al., 2007). Although Elvis' heart was about double the normal size, he also had ten prescription drugs (only two were actually prescribed to him) in his system at the time of his death and multiple organ abnormalities (Tennet, 2017). Besides what substance use did to his body, he also had toxic megacolon, glaucoma, emphysema, and diabetes (Ribhu & Cooper, 2022). Autoimmune inflammatory disorder, anyone? He was a ticking time bomb in that day and age, but may not have been today. In today's medical world, his life may have been prolonged by managing his pain in other ways and early intervention regarding his chronic conditions. With Elvis' autopsy being sealed until the 50th anniversary of his death, we'll all have to see in 2027 what other secondary causes perhaps contributed to his early demise (Wright, 2020). Until then, fans can still indulge in the conspiracy theories that seem to get crazier and crazier as time goes on. My hope is that on August 17, 2027 Elvis himself (at the ripe age of 92) reveals that he faked his death to get away from the mafia, is now retired from the FBI, confirms that he was in Home Alone, and since 1977 he has been partaking in autoimmune disorder clinical trials- fingers crossed!

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 - https://bhw.hrsa.gov/funding/apply-loan-repayment/nurse-corps
- o Public Service Loan Forgiveness
 - Forgives remaining balance on direct student loans after 120 qualifying monthly payments while working full-time for an eligible employer
- https://studentaid.gov/manage-loans/forgiveness-cancellation/public-service o New Biden cancellation
 - \$10,000 for those earning under \$125,000 per year, or \$250,000 for married couples/heads of households
 - Cancelled \$20,000 for Pell grant recipients
 - https://studentaid.gov/debt-relief-announcement/

o Nurses Across NY

- Loan repayment to RNs and LPNs who work in areas determined to be underserved in NYS
- 3-year work commitment
- Program requirements are being developed by a stakeholder workgroup consisting of health care organizations across the state in cluding ANA-NY
- Nursing Faculty
 - o Senator Patricia K. McGee Nursing Faculty Scholarship
 - Awards made on a competitive basis to applicants who are registered professional nurses
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 - Payments available up to 3 years
 - Subject to available funding
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 - https://www.hesc.ny.gov/pay-for-college/financial-aid/types-of-financial-aid/ nys-grants-scholarships-awards/senator-patricia-k-mcgee-nursing-facultyscholarship-program.html
 - o Nursing Faculty Loan Forgiveness Program
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 - https://www.hesc.ny.gov/repay-your-loans/repayment-options-assistance/ loan-forgiveness-cancellation-and-discharge/nursing-faculty-loan-forgivenessincentive-program.html
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 - https://www.governor.ny.gov/programs/nurses-our-future-scholarship
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 - https://www.hesc.ny.gov/pay-for-college/financial-aid/types-of-financial-aid/ nys-grants-scholarships-awards/the-excelsior-scholarship.html
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Literature Review

The following review of the literature search of the PubMed and CINHAL databases was limited to the period between January 2016 to December 2021. Searches were performed using combinations of medical subject headings (MeSH), including "vertebral compression fracture. "delayed diagnosis," "underrecognized," "protocol," "guideline," ″older "pain management," adult," "disability," "physical functionality," and "physical mobilization." The searches yielded seventy-two publications relevant to the project. Primary sources included research studies, systematic reviews, and metaanalyses. The systematic analysis of population health data was acquired from the Centers for Medicare & Medicaid Services (CMS), the World Health Organization (WHO), and the International Osteoporosis Foundation (IOF).

The inclusion criteria consisted of English articles from the last five years, primary research studies, and target population of older adults aged 65 or above with a diagnosis of vertebral compression fracture (VCF). The exclusion criterion included review articles, and diagnoses of pathological fracture caused by malignancy, infection, and ankylosing spondylitis. Additionally, studies that included cervical compression fractures were excluded because this project focuses on lumbar spine compression fractures. A DNP project conducted by Carey (2017), who developed an EBP protocol for VCF management and osteoporosis preventive care in a hospital-based setting, was included in the review since it was critical for this project. Outcomes were aimed to assess providers' knowledge and timely VCF management using an EBP VCF clinical protocol. This literature review examined factors that cause extended intervals ranging between diagnosis and treatment, health issues resulting in VCF unrecognition and delayed treatment, outdated knowledge, and financial burden.

Effects of Time Interval between Diagnosis and Treatment

The extended time intervals between the date of the patient's trauma and the diagnosis of VCF often hinder the management and quality of care. The recent studies stressed that VCFs were considered the silent epidemic of the 21st century due to multiple incidents characterized by delayed diagnosis, misdiagnosis or underdiagnosis. Both Capdevila-Reniu et al. (2021) and Aso-Escario et al. (2019) believed that VCFs are commonly diagnosed late, leaving patients exposed to inappropriate treatment and making them vulnerable to multiple complications. Capdevila-Reniu et al. (2021) suggested that health care providers are responsible for undiagnosed VCFs.

On the other hand, Aso-Escario et al. (2019) claimed that undetected VCF diagnosis was directly related to the insensitivity and lower specificity of the radiological procedures. The study led by Aso-Escario et al. (2019) was done in developing countries and underserved populations. It has been argued that a lack of medical resources such as medical diagnostic equipment was responsible for the delayed VCF diagnosis. In contrast, Capdevila-Reniu et al. (2021) claimed that providers were responsible for the diagnosis delay in underserved populations and developing communities. Both Capdevila-Reniu et al. (2021) and Aso-Escario et al. (2019) determined that one of the causes of the delays in diagnosis can be related to the providers' unfamiliarity with available diagnostic protocols. Additionally, they believed that patients with VCFs failed to seek immediate medical assistance and lacked awareness of the available treatments, other than staying at home on bed rest. Both studies pointed out that accurate diagnostic protocols and increased providers' knowledge of VCF occurrence would prevent delays in the diagnosis of VCF. They suggested promoting public health education programs to raise awareness about VCF and avoid diagnostic delays in seeking medical assistance. Both studies implied that the duration of trauma events play a key role in the diagnosis of VCF in a timely manner as part of the clinical assessment process. Furthermore, the interval time between initial visit and treatment was a vital element to be considered and directly correlated to the patients' outcomes.

Underdiagnosed VCF as a Trigger for Health Issues

Underdiagnosed VCF leads to multiple health concerns and complications. VCF adds to significant pain that leads to reduced mobility, resulting in patient's suffering from the psychological fear of isolation and loss of independence. Unrecognized VCF constitutes a significant health problem caused by acute and chronic pain. Drew et al. (2020) and Al-Sari et al. (2016) emphasized that acute pain caused functional decline as an immediate medical complication. Older patients pursue more bed rest due to back pain, and immobility that predispose them to life-threatening complications. Studies showed that as few as two days of bed rest leads to bone mass loss, muscle atrophy and lower extremity strength loss (Drew et al., 2020, Chandra et al., 2018; Al-Sari et al., 2016). Conclusively, the loss of bone density and muscle strength contribute to increased accidental falls.

Furthermore, uncontrolled pain resulting from physical immobilization causes pressure injuries, venous embolism, respiratory and urinary tract infections (Drew et al., 2020). Moreover, adding narcotic anesthesia for pain control creates adverse effects of sedation, nausea, and constipation that further accelerated physical deconditioning, increased fall risk, and prolonged recovery (Al-Sari et al., 2016). The long-term consequences of health-related issues associated with pain include depression and social isolation that can significantly impact patients' quality of life (Drew et al., 2020; Al-Sari et al., 2016). Inappropriate management of VCFs resulted in vertebral deformity, height loss, kyphosis, impaired pulmonary function, reduced mobility, and balance impairment (Drew et al., 2020; Al-Sari et al., 2016). Furthermore, progressive kyphosis leads to decreased ventilatory capacity and reduced abdominal space, early satiety, and poor nutrition (Drew et al., 2020; Al-Sari et al., 2016). Both Drew et al. (2020) and Al-Sari et al. (2016) concluded that patients living with VCF had reduced physical health status compared with patients without VCF, which significantly impacted their healthrelated quality of life.

Unrecognition and Misdiagnosis caused by Nonspecific Clinical Manifestations

The unrecognition and delayed diagnosis of VCFs are primarily due to their nonspecific presentation. The first presenting symptom among patients with VCFs is localized and diffuse pain. An estimated one third of patients with symptomatic VCFs had severe pain, which often leads to seeking medical attention, and two thirds of VCF cases are clinically silent (CMS, 2020; Hoyt et al., 2020; Johansson et al., 2018). Johansson et al. (2018) concluded that there is an inconsistent associative pain pattern with the level of vertebral body collapse, which also contributes to unrecognition of VCFs.

The pain in older adults is typically described as aggravated by standing, ambulating, and improved in positions of lying down or sitting. The clinical manifestations contribute to misdiagnosis because they can be considered as a degenerative spinal joint disease. Common complaints such as, a sudden onset of severe chest and back pain radiating anteriorly contribute to misdiagnosis of either cardiac or pulmonary diseases (Johansson et al., 2018). Although Hoyt et al. (2020) and Johansson et al. (2018) identified pain as the dominant symptom of VCFs, Hoyt et al. (2020) recognized that VCFs could cause physical limitations even in the absence of pain. Both studies concluded that it is important to diagnose individuals with VCFs, because those patients with asymptomatic and mild symptoms of VCFs are associated with reduced physical function, impaired quality of life, morbidity, and mortality. They further stressed that early detection of VCFs will provide appropriate treatments to decrease the risk of subsequent osteoporotic fractures.



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Outdated Knowledge and Inconsistent VCF Guidelines

Conservative VCFs management continues to rely on inconsistent guidelines as a firstline treatment plan (Parreira et al., 2017; Rzewuska et al., 2015). VCFs Treatment plan consists of analgesics, back braces, physiotherapy, bed rest, and osteoporotic medications. Patients with VCFs often become unable to tolerate activities related to normal daily living, culminating in bed rest to avoid movement-induced pain (Parreira et al., 2017). Parreira et al. (2017) and Rzewuska et al. (2015) determined that traditional immobilization techniques, such as bed rest and bracing may create a vicious cycle where decreased activity leads to worsened bone density and muscle density hypertrophy with resultant fracture formation and increased pain. Parreira et al. (2017) pointed out that inconsistency in the recommendations of VCFs clinical guidelines contributed to delayed treatment and deteriorated health-related outcomes.

A lack of consensus of diagnostic imaging testing and clinical pathways is responsible for not recognizing

potential VCFs patients. The diagnosis of VCFs relies on a combination of elements, such as medical history, physical examination, and radiographic imaging studies. The misconception about whether the episodes of back pain are related to the history of preceding trauma contribute to the unrecognition of VCF. Furthermore, using analgesic medications, such as NSAIDs, has resulted in adverse events, including gastrointestinal disorders, kidney failure, and congestive heart failure. The side effects of morphine-based analgesics include constipation, urinary retention, sedation, confusion, and opioid-induced hyperalgesia (Parreira et al., 2017; Rzewuska et al., 2015). Patients using pain medications through the primary care provider may not seek specialized management and often delay proper diagnosis and care. Surgical procedures for VCFs have led to optimal patients' outcomes if diagnosed appropriately and managed early. Percutaneous vertebral augmentation (PVA), such as Kyphoplasty, is a minimally invasive image-guided treatment procedure to achieve pain relief by percutaneously injecting radiopaque bone cement to stabilize the fractured vertebral body internally (Liu et al., 2013; CMS 2020). The studies showed that VCF patients with pain would benefit from early Kyphoplasty referral. Several meta-analyses and systematic reviews compared pain reduction following Kyphoplasty versus conservative treatment (Liu et al., 2013; Rzewuska et al., 2015; Stefano et al., 2018), and they indicated that early Kyphoplasty referral is superior to conservative management. Conclusively, Liu et al. (2013) demonstrated that Kyphoplasty increases life quality by reducing pain and promoting early mobilization. The American College of Radiology (ACR), the National Institute for Health and Care Excellent Guidelines (NICE) and the American Academy of Orthopaedic Surgeons (AAOS) endorse and supports the use of Kyphoplasty (Parreira et al., 2017).

Preauthorization Process' Burden

Providers must understand the complexification of the insurance preauthorization process, such as the approval required for MRI imaging and treatment procedures, which has caused further continuum care delays. Delay in authorization was defined as any waiting period greater than seven days (Menger et al., 2017). Menger et al. (2017) stated that preauthorization is often delayed nine days on average with commercial insurance across all neurosurgery procedures, 8.5 days with Medicare, and 11.5 days with Medicaid. Although preauthorization requirements vary by insurance payers and government regulation changes, the lack of consistency is one of the challenges providers face in shortening the time interval between diagnosis and treatment.

According to the American Medical Association (AMA), an annual survey of 1,000 physicians in 2019 found that 86% described the administrative burden associated with preauthorization as a very high burden. Contrastingly, Turner et al. (2019) pointed out that preauthorization policies are used by both public and private payers to manage the use of costly or potentially avoidable care. However, Turner et al. (2019) suggested that applying preauthorization policies does not always translate into lower overall health care spending.

Seventy-four percent of providers reported that a prolonged preauthorization process could lead to treatment abandonment (Turner et al., 2019). An estimated \$80,000 annually preauthorization cost burden is placed on the clinics, and it is equivalent to the cost of between \$2,200 and \$3,400 annually per provider (Turner et al., 2019). Both Turner et al. (2019) and Menger et al. (2017) determined that standardizing the care, streamlining the process, and targeting the VCF requirements are consensus approaches that are aimed at decreasing the financial and patient provider relationship burden (Turner et al., 2019).

Economic Burden Related to Delayed Diagnosis and Treatment

with \$25 billion in related health care costs in the U.S., and VCFs will account for one-quarter of osteoporotic fractures (Hopkins et al., 2020; Chandra et al., 2018; Hirsch et al., 2018).

Conclusion

Attaining healthy, thriving lives and well-being, free of preventable disease, disability, injury, and premature death is one of the overarching goals formed by Healthy People 2030. It aims to improve the health and well-being of older adults by reducing chronic health problems. Undiagnosed and untreated VCFs are associated with chronic pain and disability, leading to a significantly increased risk of mortality and morbidity. The Agency for Healthcare Research and Quality (AHRQ, 2020) demands the establishment of interventional protocols for VCF associated acute and chronic pain. The Future of Nursing Report released by the Institute of Medicine (IOM) indicated that APRNs must develop partnerships with physicians and other professionals to improve quality and safety (ANA, 2010; National Academies of Sciences, Engineering, and Medicine, 2021). Aligning with Healthy People 2030, AHRQ and IOM support the goals of maintaining health, quality of life, and independence in older adults by improving recognition of VCFs and reducing the financial burden on osteoporotic-related fractures.

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A few studies evaluated the economic burden of delayed VCF diagnosis and treatment. This posed considerable health and economic burden to public health due to the cost of intensive care units (ICU), prolonged hospital stays, and extensive medication use (Chandra et al., 2018; Ferreira & March, 2019; Hirsch et al., 2018; Hopkins et al., 2020; McCarthy et al. 2016). The average length of stay for hospitalized patients with VCFs is 10 days, hospital mortality ranges from 0.9% to 3.5%, and one in five patients was readmitted within 30 days. Chandra et al. (2018) indicated that there were approximately 60,000 office visits and 70,000 hospital admissions from VCFs occurring annually in the U.S. One-half of hospitalized patients have been identified as requiring skilled nursing facility care and ongoing care for chronic pain and physical deconditioning, which contributed to significant negative effects. Furthermore, Hirsch et al. (2018) signified that the cost of medical care for VCFs in 2015 was estimated at \$1.2 billion. By 2025, there will be over three million osteoporotic fractures SARAH AVVRENCE COLLEGE HEALTH ADVOCACY **PUTTING THE CARE IN HEALTHCARE.** > Certificate programs for professionals > Flexible online format

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Research and Evidence Based Practice (EBP) are critical to guide professional nursing practice in all settings. While introduced in baccalaureate nursing programs, integral in graduate programs, and critical to doctoral dissertations, nursing research and EBP is grossly underutilized in practice unless the practice setting is associated with an academic institution or university. The Center for Nursing Research (CNR), housed at the Foundation of NYS Nurses, Inc. (FNYSN), has mentored and awarded prestigious work of NY's finest nurse researchers since 1989. The vision for the CNR was that it could become the cornerstone of progress for the nursing profession during critical times, and, indeed, throughout the profession's continuing evolution. Through the work of the CNR, teams of nurses, both expert and novice, have conducted research, and disseminated their work through publication, presentations, and posters over the past two decades.

"CNR is invaluable and amazing to have a forum to connect with nurses from across the state and discuss, consult, and create research ideas with people from a wide variety of backgrounds, experiences, and interests. NYS is large, diverse and has such rich resources among its nursing work force. It provides a network and forum for capitalizing on these resources." Fran Crosby, EdD, RN

FORMATIVE YEARS OF THE CNR

- 1987 Beginning work to establish a Nursing Research Agenda in New York State
- 1989 Center for Nursing Research (CNR) is established
- 1994 Statewide conference to assess the gap in nursing research, education, and practice
- 1998 First official New York State Nursing Research Leadership Summit
- 2004 Regional Nursing Research Alliances are formed in seven locations across NY
- 2006 Fomal CNR collaboration between FNYSN and NYSNA

The Center for Nursing Research (CNR) - A Valuable Resource for All Nurses in **New York**

2010 Officially named the Cathryne A. Welch Center for **Nursing Research**

REGIONAL RESEARCH ALLIANCES



In an effort to share resources to support nursing research, implement educational programs and foster evidence-based practice among academic institutions and health care facilities, several regional research alliances were formed. Six alliances were formed between 2004-2008; a few remain active today. In addition, an ongoing relationship was formed with the New York/Vermont Magnet Hospital Consortium when it was established in 2016 aimed at increasing the understanding of nursing excellence.

RELATIONSHIP WITH ANA-NY

In 2013, the formal collaboration with the New York State Nurses Association (NYSNA) ended and the newly formed ANA-NY stepped up to provide, financial support,

Margaretville Hospital

Schervier Pavilion

• MidHudson Regional Hospital

Mountainside Residential Care

• St. Anthony Community Hospital

specifically for the Research Fellows Program, as well as funding for other initiatives. In 2017 a formal agreement between the Foundation of NYS Nurses, Inc. and ANA-NY was established to increase access to information about nursing research and EBP, promote professional growth of NYS nurses, and improve patient care. ANA-NY continues to support the CNR both financially and through leadership.

RESEARCH AWARDS

Early on, with support from the FNYSN Board of Directors, CNR decided to recognize the work of nurse researchers across New York. The first award established in 1980 was the Distinguished Nurse Researcher Award (DNR) which is given to a nurse researcher who conducts studies that contribute to the advancement of nursing and patient care. The Rising Nurse Researcher Award (RNR), formerly the Novice Nurse Researcher Award, is given to a NY nurse who demonstrates excellence in developing an emerging program of research. In 2010, the Rona F. Levin Evidence-Based Practice Award was established recognizing an individual or organization using research-based evidence to inform a practice change resulting in a demonstrated improvement in outcomes for the patient and family, staff, community, and/or organization. Dr. Levin is a longtime mentor and educator with the CNR and is best known for her expertise in research and Evidence-Based Practice (EBP). Two additional awards were created to expand the recognition of the great work occurring in various healthcare settings. The Sustained Professional Contribution Award, established in 2011, is given to individuals who have spent their career furthering the nursing profession. The Clinical Practice Improvement Team Award (CPIT) was established in 2017 to recognize a clinical team using an evidence-based approach to make an identified practice change resulting in demonstrated



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improvement in outcomes for the patient and family, staff, community, or organization. to recognize the amazing work teams of nurses in clinical settings.

"I know of no other NYS organization that has provided this type of informal support and encouragement to novices in research and EBP, or to colleagues who need collaboration and encouragement to reach their scholarly goals." Rona F. Levin, PhD



RESEARCH GRANTS

- Noah Tubbs Family Trust Research Grant –to a qualified registered nurse pursuing nursing research. Special consideration is given to nurses pursuing research in the field of geriatrics.
- Mary J. Finnin Cancer Research Grant to assist a qualified RN who is currently or interested in pursuing nursing innovation in the field of oncology.

RESEARCH FELLOWS PROGRAM

The goals of the Fellows Program are to increase understanding of the professional association and to prepare Fellows for involvement in research activities. The two-year program consists of regular educational research and general association experiences. These include activities that allow for observation and/or participation in association research meetings and business. The Research Fellow must also be a member of ANA-NY. They may attend meetings of the Center for Nursing Research and participate in CNR activities. Since 1996, there have been 24 Nursing Research Fellows.

NYS e-REPOSITORY FOR NURSING SCHOLARLY WORKS©

The NYS e-Repository for Nursing Scholarly Works© is an online database established in 2015 to provide an electronic directory of research (published and unpublished), evidence-based practice projects, and other quality improvement projects (such as poster presentations, dissertations, white papers, etc.) that have been done by nurses/nursing students living and/or working/attending school in New York State. In addition to providing a centralized location to showcase the scholarly works of NY nurses, its primary purpose is to facilitate communication and collaboration among nurse researchers, health care agencies, academic institutions and direct care nurses engaged in research and/or evidence-based practice. About the NYS e-Repository for Nursing Scholarly Works - Center for Nursing at the Foundation of New York State Nurses, Inc. (cfnny.org)

EVIDENCE-BASED PRACTICE (EBP) WORKSHOPS

The CNR held its first onsite full day conference, Introduction to EPB in 2017. A follow- up onsite EPB skills workshop was conducted in 2018 which provided small group or one-on-one mentoring in developing an EBP project. Both conferences were well attended and with representatives from the CNR and Nurse House, Inc., a national organization that provides temporary financial support for RNs who are out of work due to illness or injury. This collaborative instituted an emergency COVID grant with financial support from the American Nurses Foundation (ANF). The data collected was analyzed to better understand the impact the pandemic had on working nurses across the nation.

RESEARCH CONDUCTED AT CNR

• Faculty and Nursing School Capacity Survey: In 2010, CNR conducted its first Faculty and Nursing School Capacity Survey. This survey confirmed concerns that nursing schools in NY had limited capacity largely due to lack of faculty and retirements resulting in the potential for a major nursing shortage in the near future. The survey was repeated in 2013 and 2017 and those findings are published in the Winter 2022 issue of the Journal of ANA-NY (JANANY).

o <u>JANANY 3_22 (5).pdf</u>

- Delphi Study I (2020) & Delphi Study II (2021) studied the barriers and challenges to implementing EBP in the practice and academic settings. Published in the JANANY Winter 2021 and Winter 2022 editions.
- <u>Evidence-based_Nursing_Practice_in_New_</u> <u>York_State_A_Delphi_Study.pdf</u>
- o 19_-_28_Challenges_to_Educating_Nurses_ about_EBP.pdf
- COVID Research studied the impact of the pandemic on the nursing profession.
 - Online Journal of Nursing <u>Impact of COVID-19</u> <u>Pandemic on Nurses: Where is the Financial</u> <u>Safety Net? (nursingworld.org)</u>
 - American Journal of Nursing Off the Charts blog Who Cares for the Nurses Who Care for You? - Off the Charts (ajnoffthecharts.com)

October 2022

- Page 17
- o NY Daily News National Nurses Week Insert – pgs.6-7 <u>https://multimedia.nydailynews.</u> <u>com/special-sections/2022/National_Nurses</u> <u>Week_05-08-2022s.pdf#nt=barker-chain</u>
- o Journal of Nursing Scholarship: Special COVID Issue. Accepted for publication, end of 2022.

EVIDENCE YOU CAN USE is a regular column in the ANA-NY newsletter highlighting research and EBP that is pertinent to current practice.

"One of the greatest values of the CNR in NY is the opportunity to network with nurses and other health care professionals who share a common context in terms of state-level policies and guidelines yet simultaneously offer wide diversity in terms of resource availability and access." Priscilla Worral, PhD, RN

Chair of the CNR: Jeanine Santelli, Executive Director of ANA-NY

Vice Chair of the CNR: Darlene Del Prato, Chair of the Nursing Program at SUNY Polytechnic Institute

For more information visit the Center for Nursing Research website at <u>Home - Center for Nursing at the</u> <u>Foundation of New York State Nurses, Inc. (cfnny.org)</u>

If you would like to learn more about the Center for Nursing Research or join the CNR contact: Deb Elliott, Executive Director FNYSN <u>delliott@cfnny.org</u>

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COVID RESEARCH COLLABORATIVE

In response to the COVID-19 pandemic, the CNR established a collaborative research group in April 2020





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essentiALZ — Alzheimer's Association Training and Certification is for individual professional care workers in long-term and communitybased care settings and is not intended for group learning.



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Renewing Your License? Watch for the Survey

In December 2021 Governor Hochul signed the Health Professions Data Bill. This bill mandates the collection of data for over forty licensed health professions in New York State. This data collection mandate is critical to the nursing profession. We have heard about the nursing shortage for years, but some (pre-COVID) data suggested that NY did not have a shortage. Of course, post(ish)-COVID, we have a different situation in our nursing workforce. However, we have no idea what the actual status of the NY nursing workforce is! We know how many RNs hold NY licenses, but we have no idea if they are even in the state, what part of the state, still working and where.

In order to monitor the nursing workforce in NY we need to track three data sources:

- Demand this information comes from provider recruitment and retention data
- Supply and distribution this information will come • from the RN re-registration survey as 3-year rolling data (because we don't all renew at the same time)
- Educational pipeline this information comes from the annual deans and directors survey

So watch your re-registration information and thank you in advance for providing valuable workforce information.



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County	Current Employment Status: (eq: full-time nurse)		
Professional Information			
	Current Position Title: (e	g: staff nurse)	
Employer	Required: What is your primary role in nursing (position description)?		
Type of Work Setting: (eg: hospital)	Nurse Manager/Nurse Executive (including Director/CNO)		

Clinical Nurse/Staff Nurse
 Nurse Manager/Nurse Executive (including Director/CNO)
 Nurse Educator or Professor
 Not currently working in nursing
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Membership Dues (Price reduced to \$15 monthly/ \$174 annually)

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ANA-PAC Contribution (optional)......<u>\$</u>
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For assistance with your membership activation form, contact ANA's Membership Billing Department at (800) 284-2378 or e-mail us at memberinfo@ana.org



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Expiration Date (MM/YY)

October 2022

NEF Scholarship Application Process

The next NEF Scholarship application process opens October 1, 2022 and will remain open until February 1, 2023.

Notification of scholarship awards will take place in mid May 2023.

Applicants MUST have a minimum of two semesters of study remaining after notification of award (i.e. summer and fall; fall and spring)

For more information <u>https://www.n-e-f.org/apply.</u> <u>html</u>



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from the Board and Staff of American Nurses Association - New York

ANA-NY Works to Reduce Stress for All New York Nurses

ANA-NY is working closely with Dr. Michael Olpin and Dr. Greg Waddoups of the **Terra Firma App** and Stress Release Course, to make these available to all New York Nurses. The **Terra Firma App** and **Stress Release** Course can be used to assist in reduction and management of stress, as presented by Dr. Michael Olpin. According to Dr. Olpin, "Terra Firma is a multidimensional, research-based approach that help you turn off your stress to feel better, be healthier, and to build a strong foundation from which you can thrive." His work is "... guaranteed to relieve your stress and improve your well-being and happiness."

We here at ANA-NY are excited to team up with Dr. Olpin to support our Nurses during these stressful times. Dr. Liz Close of the Utah Nurses Association states "The Terra Firma App (TFA) goal is to decrease the unnecessary emotional and physical impacts of stress on the nurse, patient and organization. Stress can negatively affect nurses' physical and mental health precipitating sleep disorder, depression, anxiety, elevated blood pressure, lack of energy, diminished cognitive ability and challenging interpersonal relationships in and outside the work environment. These effects can translate to poor patient outcomes, mediocre retention rates, and unnecessary increased organizational costs. Nursing students have the additional burden of stress related to the overwhelming nature of nursing education requirements which traditional campus mental health services may not be well prepared to address." With this in mind, we truly hope this offering will help all of the Nurses in New York State.

Some unique features of the Terra Firma App and Stress Release Course are:

- "TFA is not like other apps that give quick tips or tricks to temporarily "relieve" stress. It is a multi-dimensional and research-based tool designed to continuously and seamlessly support nurses' stress mastery development.
- It offers education on stress prevention and mastery, focuses on challenges faced in the health care delivery environment, contains a library of meditations for sleep and anxiety, has social community online availability and offers personal access to an expert coach.
- It is tailored for nurses to fully understand the actual causes of stress, how to change thinking about stress-producing circumstances, strategies for establishing more positive reaction to stress and ultimately achieve the upper trajectory depicted below.
- AND... unlike other apps, it is designed to be interactive, supplying an expert human interface (coach) to support all aspects of the stress management journey. Subscribers may also elect to join all-nurse synchronous and asynchronous discussion groups."

For more information, please visit <u>https://</u> terrafirmaapp.com/

Other ways in which ANA-NY hopes to help our members to combat stress are through our Wellness Wednesday posts on all our social media platforms, as well as our Nurses Supporting Nurses Program. Please follow all our socials to stay up to date.

For more information on becoming a volunteer for Nurses Supporting Nurses, visit our website at <u>https://ananewyork.nursingnetwork.com/page/96231-volunteer-to-be-a-peer-supporter</u>.

For more information on requesting peer support, visit our website at <u>https://ananewyork.nursingnetwork.com/</u> page/96232-requesting-support



NEW YORK

The Journal of the American Nurses Association-New York (JANANY)

Call for Manuscripts

JANANY is the peer-reviewed scholarly, international journal of the American Nurses Association-New York (ANA-NY) with the goal of fostering high standards of nursing and promoting the professional and educational advancement of nurses to improve health care. The journal is open-access that focuses on any topics of interest to nursing practice, education, research, and administration.

You will not be charged any fees should your manuscript be accepted for publication. The only requirement is that at least one author is a member of ANA-NY, preferably the first or the second author.

If the authors are not ANA-NY members, we encourage one of the authors to become a member.

If you are a member of one of the constituent organizations of the ANA, we will also consider your manuscript.

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ISSN: 2694-4502 (Print) ISSN: 2694-4510 (Online) http://www.ana-newvork.org



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