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Number 2

ANA - NEW YORK NURSE

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October 2019

The Official Publication of the American Nurses Association - New York
ANA - New York Nurse will reach over 6,500 New York nurses and schools of nursing through direct mail.

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ANA-NY 2019 Award Winners

This year we had four categories for which we accepted nominations.

Criteria:

- Consistent, outstanding record of leadership that has directly affected the health and/or well-being of those dwelling in New York State through sustained, life-long contributions to the profession of nursing
- Recognized and respected leader in nursing and healthcare
- Impact of the contribution to the nursing profession must be at the state level at minimum and may be at the national or global level as well
- Achievements must have an enduring value to the profession of nursing and/or the health and welfare of the citizens of New York State

ANA-NY Hall of Fame



Congratulations to the 2019 ANA-NY Hall of Fame Award recipient, **Dr. Jacquelyn Taylor, RN.**

Dr. Taylor's accomplishments in research and education are unparalleled, especially for someone at a fairly early to early-mid point in her career. Evidence of her record extends from multiple NIH grants including a multi-million dollar R01, to the Presidential Early Career Award for Scientists and Engineers, given to only two other nurses. She has served as co-chair of the Genetics Expert Panel for the American Academy of Nursing and has participated on the Diversity Committee of the American Heart Association Cardiovascular and Stroke Nursing Council. She has received six commendations from local and national representatives for her commitment to healthcare in the African American community. She was the inaugural Associate Dean of Diversity and Inclusion at the Yale School of Nursing. The American Nurses Association has previously recognized her by awarding the 2018 Mary Mahoney Award, recognizing her significant contributions to opening and advancing equal opportunities in nursing to members of minority groups. She is a Fellow of the American Heart Association and the American Academy of Nursing. She has an impressive publication record of over 60 articles in the area of genomics in Black and African populations. She is a leader and exemplar nursing scientist and possesses incredible skills in communicating between disciplines.

The ANA-NY Hall of Fame Award, a peer nominated award, recognizes a member who has made a sustained contribution to ANA-NY's mission and to the profession of nursing in New York State in the area(s) of nursing practice, education, and/or research. This person may also be eligible as a nominee for the ANA Hall of Fame Award.

ANA-NY Nursing Education Award



Congratulations to the 2019 ANA-NY Nursing Education Award recipient, **Dr. Larry Slater, RN.**

Dr. Slater is a dynamic educator who is a non-stop innovator. He skillfully leads inclusive advancement of teaching and learning in the classroom, builds teams for curricular improvements, and mentors colleagues for professional development to successfully impact the student experience and their readiness for clinical practice. He is an educator and change agent. He builds new programs and initiatives for nursing excellence, expands mentorship and partnerships, and holds high regard and equally high expectations for colleagues as members of our learning community.

The ANA-NY Nursing Education Award recognizes a nurse educator who has significantly influenced nursing education as demonstrated by: (a) developing and implementing innovative and evidence-based teaching and learning strategies that meet the needs of a diverse group of learners, (b) active involvement in curriculum design and implementation that meets essential learning outcomes, and (c) evidence of scholarship in the area of nursing education.

ANA-NY 2019 Award Winners continued on page 2

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GAIN A MEMBER!

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MEMBERSHIP APPLICATION ON PAGE 19

ANA-NY 2019 Award Winners continued from page 1

Criteria:

- At least five (5) years of full-time experience as a nurse educator in an academic setting
- At least a Master's degree in nursing
- Demonstrated evidence of significant contributions to nursing education in areas that relate to innovations in teaching and learning, faculty development, and curriculum design and implementation
- Acted as a mentor and role model for junior faculty in evidence-based teaching/learning approaches; and/or as a mentor to students, assisting them in navigating the first stages of their nursing career

ANA-NY Nursing Practice Award



Congratulations to the 2019 ANA-NY Nursing Practice Award recipient, **Dr. Marlene McHugh, RN.**

Dr. McHugh is a contributor to improved understanding and delivery of true palliative care. She continues to provide care, teach others how to provide care, and seek out ways to further improve her already superior practice.

The ANA-NY Nursing Practice Award recognizes and celebrates excellence in the provision of direct care to patients, families, communities, and/or populations by a nurse at any level of practice (registered professional nurse, advanced practice nurse, or nurse administrator).

The recipient of this award exemplifies a high level of compassion and expertise in the provision of such health care.

Criteria:

- At least five (5) years of full-time experience as a nurse clinician
- At least a Bachelor's degree in nursing
- Demonstrated evidence of significant contribution to improved quality of patient care
- Demonstrated evidence of recognition for excellence in practice
- Modeled a holistic approach for care of both family and patient, cultural sensitivity, and excellent patient/family education

ANA-NY Scholarship Award



Congratulations to the 2019 ANA-NY Scholarship Award recipient, **Mr. William Rosa, RN.**

William is a prolific writer and author with an extraordinary number of publications given that he has been a Registered Professional Nurse for only nine years. His much needed and timely focus on global health has been recognized nationally and

internationally as evidenced by his many invited keynote presentations, awards, and achievements, including becoming a fellow in the American Academy of Nursing this early in his career.

The ANA-NY Scholarship Award recognizes a nurse who has made significant contributions in the scholarship of discovery, integration, teaching, and/or application (Boyer, 1996). The scholarship developed in any of these domains has to have been subjected to peer review and disseminated beyond the local and state level.

Criteria:

- Publication of at least ten (10) peer reviewed articles/chapters over the last five (5) years in a specific area of expertise, with at least one (1) of the following:
 - o Recognized impact of scholarship on an area of nursing practice, education, administration, and/or policy (e.g., change in health and/or professional policies; influence in redesign of academic curriculum)
 - o Requested as keynote speaker related to expertise
 - o Publication of an award-winning book
- Demonstrated mentorship of a novice in nominee's area of expertise

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Article Submission

- Subject to editing by the ANA-NY Executive Director & Editorial Committee
- Electronic submissions ONLY as an attachment (word document preferred)
- Email: programassociate@anany.org
- Subject Line: ANA-New York Nurse Submission: Name of the article
- Must include the name of the author and a title.
- ANA-NY reserves the right to pull or edit any article / news submission for space and availability and/or deadlines
- If requested, notification will be given to authors once the final draft of the ANA - New York Nurse has been submitted.
- ANA-NY does not accept monetary payment for articles.

Article submissions, deadline information and all other inquiries regarding the ANA-New York Nurse please email: programassociate@anany.org

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www.ana-newyork.org/

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2019 ELECTION RESULTS



ANA-NY Announces Results of 2019 Board Election

Vice President and ANA Membership Assembly Alternate to the President



Joanne Lapidus-Graham, EdD, RN, CPNP, CNE
Woodbury, NY

Nominations and Elections



Toby Bressler, PhD, RN, OCN
Brooklyn, NY



Olga Kagan, PhD, RN
Great Neck, NY

ANA Membership Assembly Alternates



Mary Finnin, MSN, BSN, RN
Central Islip, NY



Tanya Drake, MSN, RN
Haverstraw, NY

Secretary



Tanya Drake, MSN, RN
Haverstraw, NY

ANA Membership Assembly Representatives



Donna Florkiewicz, MS, RN, CNE, CCRN-CMC, CSC
Glenville, NY



Devina Horton, MBA, BSN, RN
Rochester, NY



Linda O'Brien, MS, RN
Ctr Moriches, NY



Leorelkys Villar, BSN, FNP-S, RN, RN-BC
Medford, NY

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Levittown, NY



Cynthia Quezada, BSN, RN-BC
Yonkers, NY



Verlia Brown, MA, RN, BC
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Open House Luncheon & College Tour
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Friday, December 6, 2019 at 12:00 PM

Open House Webinar
Wednesday, October 16, 2019 at 8:00 AM
Tuesday, November 5, 2019 at 8:00 AM
Monday, November 25, 2019 at 8:00 PM

To RSVP and for more information, please contact
Katie Davis, Program Manager, at 212.678.3812

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PRESIDENT'S MESSAGE



Light the Way as a Mentor

Elisa (Lee) A. Mancuso MS, RNC-NIC, FNS, AE-C

Throughout our lives and especially our nursing career we can relate to seasonal changes along the way. As we embark on our professional journey it may feel like Spring; filled with excitement wonder and joy. Even the unknown or yet to be discovered has an anticipatory glow. Gaining confidence and competence in one's nursing practice takes time. It cannot be rushed but must simmer slowly as the summer sun. Angst is alleviated when one can let it go and find balance between the ideal and the real without extinguishing passion.

Fall presents a crisp, fresh ambiance as a new academic year begins with enthusiastic students and revitalized faculty committed to facilitate academic success and professionalism. Winter may be equated to a more dormant stage. Perhaps a sense of complacency has settled in or a loss of purpose and time is needed for reflection of where one has been and future directions to be explored.

Navigating successfully during these seasons can be enhanced 10-fold with a professional mentorship. An effective mentor is one who role models positive behaviors, builds trust, provides support/guidance, is dependable, engaged, authentic and attuned to the needs of the mentee. A profound responsibility requiring eclectic and proven attributes.

I have been blessed with several mentors in the clinical arena, academia and professional organizations. Each unique and dynamic colleague provided inspiration and the appropriate lifeline with enough slack for me to grow personally and professionally. They created a safe environment enabling me to take risks, embrace challenges and cultivate innovative approaches.

I was a dry, thirsty sponge ready to absorb it all. However, I needed a reality check and my well-intentioned but delusional goals had to be reined in. It is imperative mentors provide an honest assessment of the mentee's strengths and areas of improvement while gently redirecting when they take on too much, too soon and get in their own way.

Remaining enthusiastic and genuine throughout the relationship can be a challenge when the union is no longer functional. Veracity must prevail with an acknowledgement that everyone's best interests can be better served with new partners. While this divorce can be painful it is an exception to the norm and serves as learning experience for all involved.

In my experiences, being a mentor is invigorating, humbling and awakens the "energizer bunny" within. As you share your expertise reflect on what worked for you, identify failures and missed opportunities. Empower yourself to move forward and embrace new challenges with a fresh perspective. Next, recognize the differences regarding current nursing issues, your mentee's aspirations and your ability to nurture a colleague's professional journey.

Mentors provide a "Generosity of Spirit" which creates a dynamic duo that can explode into a nursing tsunami positively impacting everyone in its wake. I encourage each ANA-New York member to become engaged as a **Superhero Nurse – Dynamic Duo**.

Mentor a colleague and Change the world.



BOARD BUZZ

On behalf of our members, the Board of Directors:

- Sent five delegates, five observers and one alternate to the ANA Membership Assembly meeting and Lobby Day in Washington DC.
- Approved the 2020 Legislative Priorities recommended by the Legislation Committee.
- Accepted the recommendation by the Bylaws Committee to present no changes to the Governing Assembly this year.
- Revised Audit and Nominations and Elections policies as recommended by the respective committees.
- Accepted the recommendations of the Awards Committee for:
 - o The 2019 ANA-NY Member Award recipients.
 - o Presentation of Policy and Service and Friend of Nursing Awards in 2020.
 - o Creation of a new biennial Member Award beginning in 2020 for Nursing Practice-Early Career.
- Selected ED Jeanine Santelli as representative to ANA.
- Sponsored the Future of Nursing Annual Summit in Rochester.
- Congratulated the NACLI on its 100th Anniversary and sponsored the Gala.
- Jeanine Santelli, Executive Director, developed the Committee Chair Orientation Guidebook which will be an excellent resource for current and future committee members.
- ANA-NY partners with Elite Learning to provide ANA-NY members a discount to 350 Nursing CE Courses. Visit <http://www.ana-newyork.org/>

Details on all these actions can be found in the approved BOD Minutes on the Members Only web site.



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For consideration submit CV, letter of interest, copies of transcripts and contact information for three professional references in a single attachment to <http://daemen.applicantpro.com>. Review of applicants begins immediately and continues until the position is filled.

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FROM THE DESK OF THE EXECUTIVE DIRECTOR

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**Jeanine Santelli, PhD, RN, AGPCNP-BC, FAAN,
Executive Director**

Welcome to fall! The fall is always a super busy season here at the office. Not only are we putting the finishing touches on the Annual Conference. We are also beginning the arrangements for the 8th Annual Conference which will be held at Turning Stone October 22-24, 2020. We also have been meeting with location managers from whom we are collecting bids for: 2021 (Long Island region), 2022 (Niagara region), 2023 (Lower Hudson region), and 2024 (Capital region). We're looking forward to hearing from you at this year's conference or through our Facebook poll regarding the expansion of our educational and networking offerings.



Additionally, I'm on the road to DC for the American Nurses Association (ANA) Lobbyists Meeting with our lobbyist, Amy Kellogg, and our Legislation Committee chair, Dr. Beverly Karas-Irwin; off to Kansas for a peer evaluator visit for the Commission on Collegiate Nursing Education (CCNE); attending the Empire State Society of

Association Executives (ESSAE) Association Leadership Academy (ALA) program as a planning committee member; back to DC as the ANA-NY representative for the 2019 American Nurses Advocacy Institute (ANAI); off to Maine to visit my family and do another CCNE peer evaluation visit; up to the beautiful 1,000 Islands of NY for our Annual Conference; then off to San Antonio to present for one of our organizational affiliates, the International Society of Nurses in Genetics (ISONG), at their 2019 World Congress; and then, back to DC with President Mancuso for the ANA Leadership Summit. After all of that, I need to reconnect with my abandoned and long-suffering husband, so we're taking a Hawaiian Cruise to celebrate his 60th!

A big "Thank You" to all of the ANA-NY members who volunteered at the Future of Nursing booth at The Great New York State Fair and to those members who volunteered as presenters of Future Nurse Leader Awards to graduating nurses around the state. We had a record number of colleges participating (38). As always, super-duper thanks and kudos to my great team, Jamilynne and Shakira. I know that members are super excited to hear Shakira's lovely voice when you get an ACTUAL HUMAN answering the phone when you dial ANA-NY's extension! Follow my blog at ananyexecutivedirector.wordpress.com.

LEGISLATIVE UPDATE

By Amy Kellogg

The 2019 legislative session was scheduled to conclude on Wednesday, June 19. However, several unresolved issues pushed this deadline to the early morning hours of Friday, June 21. The Senate adjourned just before 1:00 a.m., and the Assembly worked through the night and adjourned just before 7:30 a.m. The delay to the conclusion of end of session was in large part because the Senate, Assembly and Governor were working to reach a deal on several priority issues. These issues included recreational marijuana legalization and the creation of a prevailing wage standard for construction projects receiving state funding.

In the end, it became clear that a deal on legalizing recreational marijuana could not be reached before the end of the session, so the Governor and the two houses reached a compromise that will decriminalize marijuana possession and expunge the records of those with low level marijuana convictions. For prevailing wage, no final deal was reached. Both issues will be back on the agenda for next session; perhaps as part of the budget negotiations.

While these issues in particular pushed the official end of session, there were a lot of major issues addressed in the final days, and this session saw more legislation passed through both houses than we have seen in recent history. All told, 935 bills passed through both the Assembly and Senate. For comparison sake, in 2018, 641 bills passed both houses, and in 2017, 606 bills passed both houses.

The large number of bills passed by both houses was in large part a result of the Senate now having a Democratic majority in both houses, and the two houses working to pass legislation that had previously stalled in the State Senate. Several of these legislative items were addressed in the final weeks of session. Those bills included a farmworkers bill of rights that will provide labor protections to farmworkers, a bill extending the statute of limitations for victims of rape and a bill making it easier for victims of workplace sexual harassment to bring claims.

Other bills of note that passed in the final week of session included the Green Light legislation, which will allow undocumented immigrants to get drivers' licenses and insurance coverage, comprehensive rent reform which will make rent provisions for NYC permanent and create tenant protections statewide and the Climate Leadership and Community Protection Act, which will create a climate action council and includes requirements to reduce the State's carbon emissions by 85% of 1990 levels by the year 2050. The two houses also passed a bill to ban gay panic and trans panic defenses in Court and a bill to eliminate the religious exemption from vaccine administration to address the measles outbreak that is hitting New York especially hard.

The Governor, Senate and Assembly are declaring this to be one of the most successful sessions ever. In addition to the items passed in the final days and weeks of session, there was legislation passed earlier in the session codifying the Reproductive Health Act, legislation to create early voting in New York and passage of the Dream Act, which allows undocumented students to access financial aid and scholarships for higher education. The passage of these legislative bills fulfills many of the campaign promises made last year when there was the push to have the Democrats take control of the State Senate.

While many priority issues were addressed, several issues remained unresolved. Primary among those issues was a push to end solitary confinement in New York, legalize gestational surrogacy, creation of automatic voter registration in New York, and

as mentioned earlier, full legalization of recreation marijuana and prevailing wage. We anticipate that these issues will remain active, and the two houses and Governor will seek to address them next session.

With the scheduled session now officially concluded, focus and attention will turn to hearings on these and other topics that will be held by the Senate and the Assembly throughout the summer and fall. There will also be many meetings and discussions held with new members and leadership in both houses to update them on issues of importance. The late fall will require an analysis of the upcoming 2020 legislative session and budget process.

The 2020 legislative session should begin on Wednesday, January 8, 2020 with the Governor's State of the State address. However, for the past few years, the Governor has been changing up the format and timing of his address, so we will see what he chooses to do next year and keep you posted. The first formal day of the legislative session will be Monday, January 13, 2020.

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COMMITTEE SPOTLIGHT



The Legislation Committee



Beverly Karas-Irwin, DNP, RN, NP-C, HNB-BC, NEA-BC is the Director of Nursing Excellence, Magnet Recognition at New York-Presbyterian in New York, NY assisting 11 campuses on their Magnet initial and redesignation journeys. Dr. Karas-Irwin is a nurse leader with over 35 years' experience in professional nursing practice and nursing education.

She is a Magnet Appraiser for the American Nurses Credentialing Center. She has authored publications and has presented locally and nationally. Dr. Karas-Irwin is an adjunct professor at Ramapo College of New Jersey and Case Western Reserve, Cleveland, Ohio. She was previously a member of the Organization of Nurse Executives-NJ Advocacy Committee and was appointed to the ANA-NY Legislative Committee in 2017 and Chair of the committee in 2019.

Dr. Karas-Irwin obtained her Doctor of Nursing Practice in Nursing Administration from University of Pittsburgh, Pennsylvania; Master of Science in Nursing – Adult Nurse Practitioner from St Peter's College, NJ; Master of Science in Health Service Management from New School for Social Research, NYC; and Bachelor of Science in Nursing from University of Pittsburgh. She is nationally board certified as an adult nurse practitioner, holistic nurse-baccalaureate, nurse executive-advanced and inducted as a fellow in The New York Academy of Medicine.



Marilyn L. Dollinger, DNS, FNP, RN

Dr. Marilyn L. Dollinger is the Executive Associate Dean at the Wegmans School of Nursing, St. John Fisher College in Rochester, New York. She received a BS in Nursing from the University of Toronto, a MS in Nursing from Russell Sage College, a post-master's certificate as a Family

Nurse Practitioner from St. John Fisher College and a Doctorate of Nursing Science from the University of Buffalo.

Dr. Dollinger is an active advocate and lecturer for legislative, regulatory, and health policy issues. She is the immediate past-Chair of the Common Ground Health Board, a regional health round table and a member of the Lifetime Care Board executive committee. She is also a member of several regional and state nursing professional organization legislative and policy committees. Dr. Dollinger is the past chair the ANA-NY Legislative Committee and serves on the New York Organization of Executives and Leaders Public Policy Committee.



Catherine S. Finlayson, PhD, RN, OCN has been a clinical nurse at Memorial Sloan Kettering Cancer Center for over 12 years. She recently earned her PhD from New York University's Rory Meyers College of Nursing. Dr. Finlayson received the Doctoral Degree Scholarship in Cancer Nursing from the American

Cancer Society which supported her dissertation. She was the recipient of the 2018 Oncology Nursing Society Trish Greene Memorial Lectureship.

Dr. Finlayson holds a Bachelor of Arts in Political Science from New York University. A Master of Science in Urban Policy Analysis and Management from the New School for Social Research and a BSN from SUNY Downstate Medical Center.



Debra A. Wolff, RN, PCNP, DNS, is President/CEO of *NURSES-Ready for the Next Step*, a business launched in 2013 to help prepare nurses for success in the next step of their education and career. She also teaches online at Empire State College. Her book, *Advancing Your Nursing Degree: The Experienced Nurse's Guide to Returning to School* was recently

published by Springer. During her 38-year career in nursing, she has been a life-long learner.

Dr. Wolff earned a bachelor's degree from SUNY Plattsburgh, a master's degree and certificate as a Nurse Practitioner in Community Health from Binghamton University, and a doctoral degree from The Sage Colleges, where she was inducted into the Phi Kappa Phi national honor society.

Currently she is an active member of the American Nurses Association – New York (NY), the NY Organization of Nurse Executives and Leaders, the Capital District Nursing Research Alliance, the Northeast NY Professional

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COMMITTEE SPOTLIGHT

Nurses Association, and the Albany Chapter of the American Statistical Association. From 2011–2013, Dr. Wolff was the Project Coordinator for the newly established Future of Nursing – NYS Action Coalition. In this capacity, she traveled throughout the state and interacted with nurses in all areas and levels of practice. She was the guest speaker at several nursing schools and professional organizations as well as the co-author and data analyst for the NYS Nursing Schools and Faculty Report: 2010-2011.

Prior to 2010, she was the Project Director for a cancer research project that enrolled 115 sites nationwide and collected data on over 4,500 patients receiving chemotherapy. She had the privilege of being the only nurse working with this interdisciplinary, multicultural team. She has published extensively in *Cancer, Journal of Clinical Oncology, Journal of the National Comprehensive Cancer Network, Annals of Oncology, American Journal of Managed Care, Academic Medicine, Journal of Rural Health, and Clinical Orthopaedics and Related Research*. In 2010, Dr. Wolff completed a program as a certified synchronous learning expert and, in recent years, has been an abstract, journal, and textbook reviewer as well as a HRSA grant reviewer.



Francine Bono-Neri is a Registered Nurse and Pediatric Nurse Practitioner with over 27 years of experience. A published author and presenter, Francine is a Director-at-Large for ANA-NY and serves both the Legislation and Membership Committees in the capacity of a board liaison. She's an Associate Member of the

New York Academy of Medicine, the CE and Membership Chair for LI-NAPNAP, and a 2019 NEF Doctoral Scholar. Francine works as an adjunct faculty member for several baccalaureate nursing programs on Long Island, as well as a Kaplan NCLEX-RN preparatory instructor. Francine is a PhD Candidate at Molloy College in Rockville Centre, NY with her research focusing on Infant Safe Sleep, health policy, pedagogy, and the academic nurse educator.



Amy Kellogg, ANA-NY Lobbyist

Amy Kellogg's law practice focuses on representing a variety of New York State professional associations, businesses and not for profits before New York State Government including the State Legislature, Governor's Office and State Agencies. Amy is a former Legislative Aide to New York Assemblywoman Helene E. Weinstein, Chair of the Assembly Ways and Means Committee. Her practice includes:

- Providing lobbying and government-related services.
- Monitoring, analyzing, and reporting on the status of pending legislation.
- Communicating clients' positions to members of the State Legislature, state agencies, and the Governor's office.
- Drafting legislation on behalf of clients.
- Researching and ensuring compliance with state and federal lobby and election laws.
- Assisting clients with strategy regarding the availability of and access to a variety of government funding-mechanisms and other programs.

- Advising clients regarding a myriad of government relations compliance issues, form procurement regulations to campaign finance laws.



Elisa A. Mancuso, RNC-NIC, MS, FNS, AE-C

For the past 35 years I have specialized in Pediatrics, Mental Health & Leadership. Neonatal NP & Bereavement Counselor worked in a Level III NICU.

As President of ANA-NY, I believe I am "Paying it Forward" to Nursing. The

importance of being active in ANA-NY is to reinforce the essential components of the nursing profession: ethics, accountability, compassion, critical thinking, commitment to excellence, evidence-based practice and mentoring our new nurses. My passion for nursing inspires me to view current obstacles in Nursing as exciting opportunities to embrace change by facilitating innovative leadership and collaboration among all nurses. I am humbled and honored to work with talented experienced and novice nurses. It is essential that all New York nurses have a dedicated professional organization that addresses diverse health care issues in every possible setting while supporting their professional development. ANA-NY is building a community of empowered nurses and we invite all Professional Nurses to contribute their skills and energy to our dynamic organization and make a difference in nursing!

In my "spare time" I love to spend time with my three grandsons, my husband taking relaxed drives out east with our Golden Retriever and embracing my spirituality by teaching Sunday School and Vacation Bible School. For

The Legislation Committee continued on page 8



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Jefferson*	Cape Vincent & Watertown Correctional Facilities (1000 Islands, resort living)
Livingston	Groveland Correctional Facility (State Parks, hiking, fishing)
Oneida*	Marcy, Mid State & Mohawk Correctional Facilities (baseball & breweries)
Seneca	Five Points & Willard Correctional Facilities (heart of wine country)
St. Lawrence*	Gouverneur & Riverview Correctional Facilities (short drive to Canada)
Ulster*	Eastern, Shawangunk & Ulster Correctional Facilities (hiking, fishing, casinos)
Washington	Washington Correctional Facility (hiking, boating, skiing, snowboarding)
Westchester*	Bedford Hills, Taconic & Sing Sing Correctional Facilities (Less than 1 hour to NYC)
Wyoming	Attica & Wyoming Correctional Facilities (waterfalls, family farms, natural beauty)

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COMMITTEE SPOTLIGHT



The Legislation Committee continued from page 7

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Susan Dewey-Hammer, RN, MN

I have been an RN for 46 years. I devoted my entire career to working in the field of Mental Health and Nursing Education, I currently am retired. I participated in many Nursing Lobbying events with students over the years, as well as having the privilege of attending the American Nurses Advocacy Institute. Since nursing is the largest health care profession, I think that it is essential for RN's to share their knowledge and expertise with legislators, so that nursing can be involved with shaping health care policies. It is my honor to be on ANA-NY's Legislative Committee.



Diane Dwire

I was born and raised in Camillus, daughter of Helen and Al Myrdek, former Mayor of Camillus in the "60's." My grandparents worked and retired from the Camillus Cutlery.

I graduated from West Genesee Sr. High School in 1964, received a Bachelor's degree in

Nursing from Niagara University, a Master's in Adult Education from Morehead State University and graduate credits in Business Administration from Chapman College.

Prior to retiring from the NYS Department of Health after 27 years in March 2003, I participated in the development of the Bioterrorism Preparedness Plan and the implementation of the smallpox plan for CNY.

I served on active duty during the Vietnam era from 1966-73 in the US Army Nurse Corps. After serving on

active duty I joined the reserves and in 1994 retired from the 376th Combat Support Hospital Reserve Unit as a Lieutenant Colonel. I served a combined total of 24 years in the Army reserve and on active duty.

Currently I am active in the American Legion – Knifetown Post #1540; the Central Counties Professional Nurses Association, serve as a member of the Council on Legislation of the NYS Nurses Association, on the Board of Directors of the Syracuse Metro League of Women Voters as Treasurer, CNY NOW Board of Directors and the Onondaga and Camillus Democratic Committees.

I have been involved in the political process since elementary school, either working on my father's campaigns, other campaigns or my own. I served six years as a Camillus Town Councilor (2001-2007).

The future of this county and the impact the political process has on that outcome is very important to me. Change will come through hard work and perseverance. All politics are local and I encourage everyone to take an active role in shaping the future.

I have used this quote below several times – it's simple, but says a lot:

"The future belongs to those who believe in the beauty of their dreams" – Eleanor Roosevelt. The future is ours, and the dream is victory in November. What could be more beautiful?

No bio or photo available

Mel Callan, RN

Malle Mercer, RN

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The Legislation Committee

The ANA-NY Legislation Committee is composed of ten (10) members appointed by the Board of Directors. The committee (a) develops a legislative program to be ratified by the Board of Directors, (b) implements the legislative program adopted at the Governing Assembly, and (c) monitors trends and developments in legislative and governmental areas as they relate to state or national health policy. In January, the committee hit the ground running to begin our work.

I would like to introduce you to the members of the committee: **Mel Callan, MS, RN, FNP-BC**, Family Nurse Practitioner, Highland Family Medicine, Rochester, New York; **Susan Dewey-Hammer, MN, RN**; **Catherine S. Finlayson, PhD, RN, OCN**, clinical nurse, Memorial Sloan Kettering Cancer Center, New York, New York; **Beverly S. Karas-Irwin, DNP, RN, NP-C, HNB-BC, NEA-BC**, (chair), Director of Nursing Excellence, NewYork-Presbyterian, New York, New York; **Maile Mercer, BSN, RN, CCRN**, Planned Parenthood of NYC, **Kim A. O'Hara, JD, MS, RN CNE**, Long Island NY; **Denise Rivera, MBA, RN**, Program Director, Project M.O.R.E. Inc. Women's Reporting Center, Poughkeepsie, New York; **Donna M. Tydings, DNP, RN, CNS-BC, NEA-BC**, Visiting Assistant Professor, St. John Fisher College Wegmans School of Nursing, Rochester, New York; **Kenya Williams, MSN, RN, HSM**, Director of Governance and Policy, National Student Nurses' Association, Astoria, New York; **Debra Wolff, DNS, RN, PCNP**.

Assisting the committee are: **Francine Bono-Neri, MA, RN, PNP**, (Director-at-Large ANA-NY), Adjunct Nursing Faculty - The Barbara H. Hagan School of Nursing at Molloy College, Rockville Centre, New York; Adjunct Nursing Faculty - Adelphi University, Garden City, New York; Nursing Faculty - Kaplan, Inc. NCLEX-RN Instructor, Nassau County, New York; **Cynthia Curran,**

MS, RN, CNS, University at Buffalo, SON Emeritus, Legislation Committee Chair of Professional Nurses Association of Western New York, Buffalo, New York; **Marilyn L. Dollinger, DNS, RN, FNP**, (Immediate Past Chair), Executive Associate Dean, Wegmans School of Nursing, St. John Fisher College, Rochester New York; **Diane M. Dwire, RN**; **Amy Kellogg**, Harter Secrest & Emery LLP, Attorneys and Counselors, Albany, New York; **Elisa (Lee) Mancuso RNC-NIC, MS, FNS, AE-C**, (President ANA-NY), Professor, Suffolk County Community College, Brentwood, New York; **Jeanine Santelli, PhD, RN, AGPCNP-BC, FAAN**, Executive Director for ANA-NY, Albany, New York.

Now more than ever, registered nurses need to increase their advocacy activity and voice in the political landscape. We encourage you to keep abreast of local, state, and federal political activity. We will be strategizing ways to enhance bi-directional communication between our committee and ANA-NY members to obtain your timely feedback on the issues we will be sending out for member feedback. One of our goals is to develop a mechanism for an agile response to pressing matters that impact nursing and healthcare.

If you have the opportunity for your art to meet activism, you shouldn't pass that up when it comes your way. ~Regina King

Please take a moment to view the website: <https://ananyork.nursingnetwork.com/>

- Left side of page:
- Policy & Advocacy
- BS in 10 FAQs
- Legislative Agenda (2017-2018, 2019-2020)
- Memorandum of Support/Memorandum of Opposition/Position Statements

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Tips for your Next Job Search

Melissa Marrero MSN, RN, CWCN

Reprinted with permission from New Jersey Nurse. October 2019

Today's nursing job search heavily relies on online applications and networking strategies. In larger organizations, before the recruiter, you need to get through the recruitment assistant and the software platform to get your foot in the door. Here are some basic tips from the recruitment perspective to help your next job hunt:

PERSONALIZE YOUR APPLICATION

The most valuable advice I received when starting my job search was that résumés are not meant to get you a job, they get you an interview. Nurses that are looking for a new position need to remember each job is unique, so your application and résumé cannot be "one size fits all." Read the job description carefully. Make sure eligibility requirements are covered in your résumé. With hundreds of applicants, you won't be getting a call to double check your GPA or certifications, make sure it is clear you have what they are asking for. Use key phrases from the job description in your résumé; this will pull your application higher on the software match list.

HONESTY

Do not lie. It may seem like common sense, but it happens surprisingly often. Embellishment easily shifts to falsehood. Familiarity with a language and fluency are two different things. If you were a Customer Service Representative, do not give yourself a new title of Vice President of Patient Experience because it sounds better. Recruiters will be performing reference checks and background checks and eventually you will have a conversation face-to-face where your skills may be put to the test.

STRONG REFERENCES

Ask people if they will act as a reference before you share their contact information and let them know the jobs you have applied for and why you are interested in the position. Be self-aware of your performance when you worked with that person; will they say the things that a new employer will want to hear?

OPPORTUNITIES TO NETWORK

Seek out opportunities for face-to-face engagement. This does not mean show up at Human Resources without an appointment or trying to connect to every employee on LinkedIn! Take advantage of offerings that allow you to mingle with current employees (walk-in career fairs, volunteer events, lectures open to the public) and strike up conversations, then *strategically* build your online connections with people in the organization.

IF YOU GET AN INTERVIEW, SHOW UP OR HAVE THE COURTESY TO CALL

Interview "no shows" are on the rise; this is a huge strain on time, energy, and resources. The recruiter you snub will remember your name the next time you are looking for a move. Managers and supervisors all attend the same meetings and vacancies and candidates come up in conversation quite frequently. You do not want your reputation to include being inconsiderate or unreliable in a profession built on trust and compassion. If you get another offer or your plans for employment change, any reasonable recruiter will understand, pick up the phone and call!

Lobby Day at the State Capitol

May 7, 2019 ANA-NY had its inaugural lobby day at the State Capitol and met with several legislators and legislative staff to talk about important healthcare care bills. The ANA-NY legislation committee, office staff and our Lobbyist, Amy Kellogg, with her constituents from The Harter Secret & Emery LLP, Attorneys and Counselors.



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Integrating Education and Competency for Safe Patient Care

Vincenza Coughlin, MS, RNC-MNN, CNE, CLC; Tara Easter, RN, BSN, MA; Gail Geraghty, BSN, MS, RN, CPHQ, NYU Langone Health

Introduction:

Clinical competence is a professional expectation in providing quality patient care. Distinguishing competency in health care is complex. Prior to this initiative no formal process existed within the Departments of Nursing to distinguish the methodology of nursing education and competencies. Frequently, competencies were created in silos, without standardization, and lacked intent of purpose.

Formalizing a Nursing Competency Program is a strategy that promotes a culture of continued education, clinical competency and quality patient care.

Purpose:

The purpose of this initiative was to re-define the Nursing Competency Program at NYU Langone Health. Objectives were to outline the competency and education validation process, establish ownership and accountability for organization wide, service specific and unit based competencies and education, as well as provide resources to nursing leaders and staff related to mandatory requirements, clinical skills and continued learning. Through the development of a formal, standardized pathway, called the Nursing Education and Competency Advisory Panel (NE-CAP), we seek to question what constitutes competency and how it needs to be measured.

Method:

In December 2016, a group of nursing leadership and staff met to evaluate the current state of the RN competency program. We identified opportunities for improvement by participating in several exercises which included the comprehensive review, identification, grouping of current competencies and state mapping. We identified variability in the process and expectations. In an effort to streamline efforts, we developed the Nursing Education and Competency Algorithm (NE-CA) and the Nursing Education and Competency Advisory Panel (NE-CAP). The NE-CA serves as framework in differentiating education and competencies through standardization of practice. Utilizing the algorithm assists in organizing and planning annual initiatives as one time, on-going or specific to a specialty or unit. NE-CAP serves as a vetting structure to improve collaboration with decision making and utilizing shared governance. Members of NE-CAP include representatives of the VSA work group and meet on a monthly or as needed basis.

Results:

NE-CAP reviewed 157 existing competencies by use of the NE-CA and peer review. It was determined that 55 are competencies, 61 are education and 41 are no longer applicable. Future competencies must be presented to NE-CAP. A guiding principle is to increase staff accountability by defining the expectations of clinical competence and engagement in continuing education to provide safe patient care. A centralized repository of the vetted competencies was created on the institution's intranet to provide accessibility to nursing (staff, leadership).

Conclusions:

Utilizing NE-CA as a tool to differentiate education and competencies clarifies required clinical skill and knowledge for staff nurses. This is critical in evaluating whether a proposed educational offering and/or identified competence is needed. Using the newly created algorithm assists in this process. In order to optimize organizational performance our goal is 100% completion of competencies in an effort to always provide our patients with quality care.

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2019 Research Fellow

Congratulations to Leorelkys Villar

The Research Fellow program administered by the Foundation of New York State Nurses and is sponsored by ANA-New York. This two-year commitment provides practicing nurses with the opportunity to participate directly with a nurse researcher coach to complete a project of their choosing.



Leorelkys Villar of has been chosen as the 2019 Research Fellow. Leorelkys Villar is an assistant nurse manager in the 15 South Telemetry unit at Stony Brook University Hospital. Leorelkys received her bachelor's degree in nursing from Long Island University, and she is currently working on her Family Nurse Practitioner master's degree at Stony Brook University. Ms. Villar provides leadership in her unit and provides companionate patient care. She is an active member of ANA and ANA-NY, as well as a member of the Sigma Theta Tau International Honor Society of Nursing. Ms. Villar holds multiple accomplishments some of which are being selected as 15 South's Nurse of the Year for 2019, receiving the SUNY Chancellor's award for Academic Excellence in 2016, and obtaining both Medical-surgical and Gerontological certifications through the ANCC. In her time off you can find her on a trip to her native land the Dominican Republic, reading, painting, participating in a nursing conference, or spending time with her friends and family.

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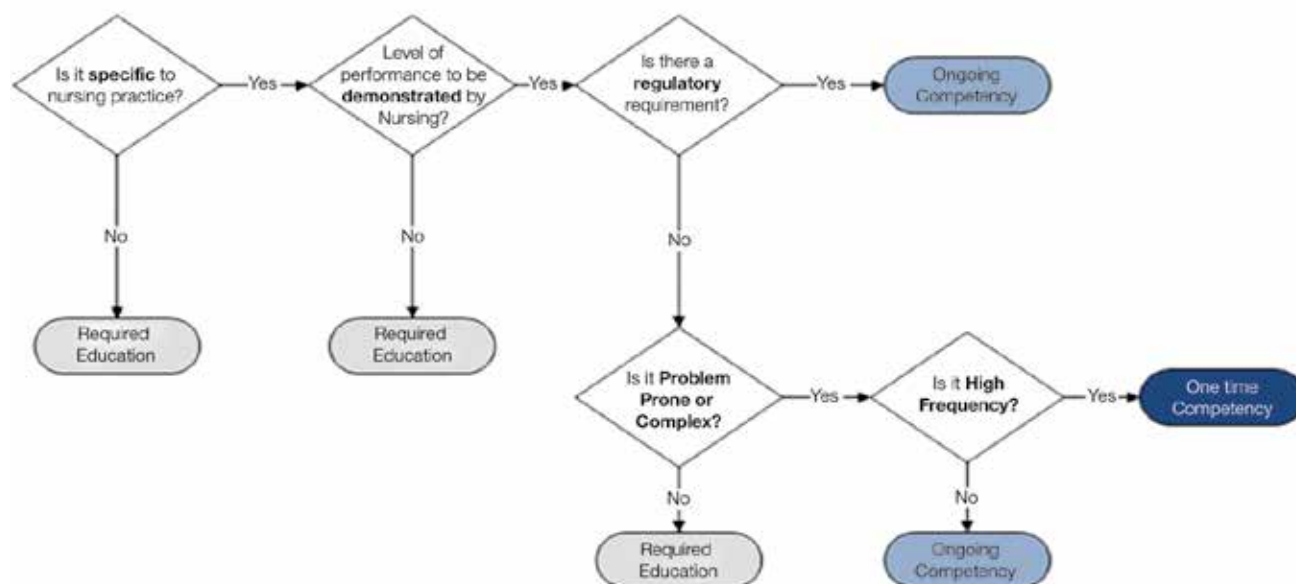
<ul style="list-style-type: none"> RN Graduated from an accredited Nursing program. Licensed as RN in NYS. CPR Certified preferred. Pediatric, psychiatric exp preferred. 	<ul style="list-style-type: none"> Psychiatric NP NYS license and DEA certification required.
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MEMBERS ON THE MOVE

Prof. Michele Crespo-Fierro named NAHN 2019 Nurse of the Year

July 30, 2019

The National Association of Hispanic Nurses (NAHN) has named Michele Crespo-Fierro, PhD, MPH, RN, AACRN, clinical assistant professor at NYU Meyers, the 2019 NAHN Nurse of the Year. Prof. Crespo-Fierro received the award at the NAHN Award and Scholarship Gala during the NAHN 44th Annual Conference, held July 16-19 in Reno, Nevada.

Prof. Crespo-Fierro directs the LEAD Honors Program at NYU Meyers and is the founding faculty advisor for student group Latinos Aspiring To Imagine Nursing Opportunities (LATINOS). She is also the president elect of the NAHN New York (NAHN-NY) chapter. Her specialty is HIV nursing, and she has published on the care of people living with HIV/AIDS and the importance of nursing specialization in HIV/AIDS, in addition to developing graduate curricula in HIV care. Her dissertation explored the cultural care needs of Puerto Rican women receiving HIV care from nurse practitioners in New York City.

The NAHN Nurse of the Year Award is given to a nurse who has developed a creative and innovative program, intervention, or strategy to improve the quality of healthcare in the Hispanic community, increase the number of Hispanic nurses, or develop the NAHN organization. NAHN Nurses of the Year have made contributions to improving the healthcare of the Hispanic community across the life span, birth to end-of-life, in any health care environment, and demonstrate innovation, creativity, leadership, and advocacy.

Prof. Crespo-Fierro was nominated for the award for her work sponsoring the Jorge Prada Memorial Scholarship at NYU Meyers. The scholarship honors Jorge Prada, a NYU Meyers adjunct in maternity nursing and past president of NAHN-NY, and provides funds for Meyers students to attend nursing conferences and further their professional development. The first awardee of the scholarship, Mary Avila, attended the NAHN 44th Annual Conference in Reno.

Source: <https://nursing.nyu.edu/news/prof-michele-crespo-fierro-named-nahn-2019-nurse-year>

If you are a member on the move or know a member who is on the move, and would like to recognize them, please send the article to programassociate@anany.org.



Jennifer Pettis named Alzheimer's ambassador to New York Senator Chuck Schumer

August 14, 2019

NYU Rory Meyers College of Nursing's Jennifer Pettis has been named an Alzheimer's Ambassador to Senator Chuck Schumer. Pettis, an expert on aging and healthcare, is the associate director of the long-term care program at NICHE (Nurses Improving Care for Healthsystem Elders) at NYU Meyers.

"There are 5.8 million Americans living with Alzheimer's disease, and that number is expected to grow to 7.1 million by 2050. In short, Alzheimer's disease is a public health crisis, and the time to act is now," said Pettis. "Not only do we need to find a cure for this devastating disease, but we also need to support those afflicted by it and their caregivers as we work toward a cure. Additionally, we need to ensure that health systems are prepared to provide person-centered, quality care to individuals living with Alzheimer's."

Alzheimer's Ambassadors are grassroots volunteers for the Alzheimer's Impact Movement—the advocacy arm of the Alzheimer's Association—working to develop and advance policies to overcome Alzheimer's disease through increased investment in research, enhanced care, and improved support. In committing to serve for a renewable one-year term, Alzheimer's Ambassadors are the main point of in-district contact for a specific member of Congress for issues related to dementia and Alzheimer's. Ambassadors develop trusted relationships with their congressional offices to ensure their voices are heard by policymakers.

"Importantly, Alzheimer's is not a red or blue issue. Rather, it is a purple issue, with strong bipartisan support aimed at funding Alzheimer's research and programs to support those living with the disease. I am delighted to have the opportunity to work with Senator Schumer and his staff to address this crisis," added Pettis.

As an Alzheimer's Ambassador, Pettis will attend the annual Alzheimer's Association Advocacy Forum in Washington, DC, as well as several district meetings with Senator Schumer's office. She will also lead the activities of her local Alzheimer's Congressional Team, a group of highly engaged advocates.

Pettis, who joined NYU Meyers and NICHE in 2018, has more than 25 years of healthcare experience as a nurse, nurse researcher, educator, and consultant working to improve healthcare for older adults, including providing expertise to Centers for Medicare & Medicaid Services. At NICHE—the leading nurse-driven program designed to improve geriatric care in healthcare organizations—Pettis oversees the long-term care program, working to develop the nursing workforce for organizations such as nursing homes and assisted living facilities. She also ensures that NICHE's clinical education content and materials are consistent with national standards.

Source: <https://nursing.nyu.edu/news/jennifer-pettis-named-alzheimers-ambassador-new-york-senator-chuck-schumer>



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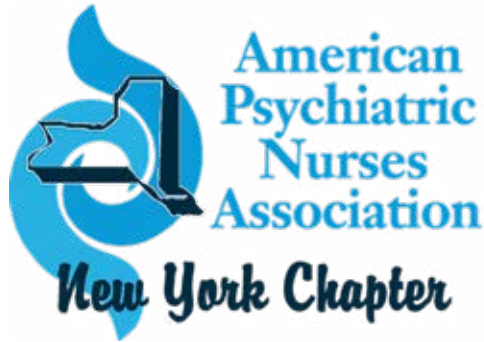
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ORGANIZATIONAL AFFILIATE SPOTLIGHT



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American Psychiatric Nurses Association - New York Chapter



Northern Adirondack Nurses Association (NANA)



Professional Nurses Association of South Central New York



Central New York Nurses Association, Inc. (CNYNA)

Nurses Association of the Counties of Long Island, Inc. (NACLI)

Professional Nurses Association of Western New York, Inc. (PNAWNY)

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<https://pnadp.nursingnetwork.com/>

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4. A link with your logo on ANA-NY's Website with recognition of Organizational Affiliate Status;
5. Access to professional development opportunities for affiliates members and staff;
6. Access to experts in a variety of nursing specialties;
7. Opportunities to network with ANA-NY members across New York state;
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International Society of Nurses in Genetics (ISONG)



Professional Nurses Association of Rockland County (PNARC)

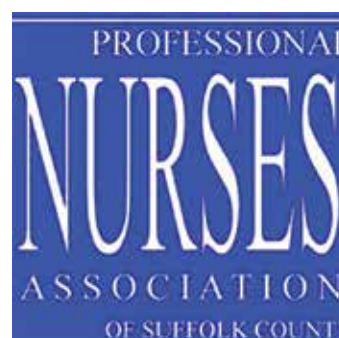
Contact programassociate@anany.org for more information.

Mohawk Valley Nurses Association (MVNA)

Professional Nurses Association of Suffolk County (PNASC)



New York State Association of Occupational Health Nurses



Neighborhood Health Center is actively seeking an Assistant Director of Nursing (ADON). Candidate should possess a minimum of two years supervisory experience of Staff RNs. The ADON will support the efficient operation of the nursing staff on the clinic floor – these duties range from planning and evaluating nursing systems, processes, staffing schedules and methods to ensure that patients are receiving optimal care.

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CONTINUING EDUCATION



HPV Vaccination for the Prevention of Oropharyngeal Cancers

Instructions

Steps to complete independent study and receive 0.75 contact hours.

- Read the article below
 - Complete the post test, evaluation and registration forms.
Mail to: ANA-NY, 150 State Street, 4th Floor, Albany, NY 12207
\$7.00 Fee for non-members. Members are free
- Certificates are emailed after a passing score is achieved.
- Learning Outcome: Upon completion of this activity, the learner will express an awareness of the risk factors for oropharyngeal cancers attributed to the human papillomavirus.

The incidence of human papillomavirus (HPV) associated oropharyngeal cancers is rising rapidly, particularly among men in the United States (U.S.). The Centers for Disease Control (CDC) estimates that 70% of the 12,000 oropharyngeal cancers diagnosed annually in the U.S. are caused by HPV with the greatest percentage increase in men younger than 45 years of age (2018). Oral HPV infection by high risk HPV types, particularly HPV-16, is associated with poor oral health including gum disease and sores in the mouth and throat. The CDC reported that the most common HPV associated cancer in the U.S. is oropharyngeal squamous cell carcinoma which includes cancers of the mouth, throat, tongue and tonsils (Mulcahy, 2018).

HPV is the most common sexually transmitted infection in the U.S. with 79 million people infected and 14 million new cancer-related cases diagnosed each year (CDC, 2018). This translates to 2.5% of all new cancer diagnosed in the U.S. In fact, oropharyngeal cancer has surpassed cervical cancer as the top HPV-associated

cancer (Mulcahy, 2018). There are more than 100 types of HPV and approximately 40 types spread through sexual contact, the mouth and throat. According to the CDC (2017), in all races and ethnicities, men had higher rates of HPV-associated cancers of the oropharynx than women. In addition, Black and Hispanic men and women had lower rates of HPV-associated oropharyngeal cancers than white and non-Hispanic men and women.

The increase in oropharyngeal cancers may be due to a change in sexual behaviors including unprotected oral sex. Studies indicate that white men report the highest number of sexual partners and performing oral sex at a younger age compared to other racial and ethnic groups (Mulcahy, 2018). Multiple oral sex partners and smoking are independent behavioral risk factors for oral HPV infection. Poor oral health is an additional risk factor for HPV infection and is associated with the presence of ulcers, mucosal disruption, or chronic inflammation of the oral cavity (Bui, Markham, Ross, & Mullen, 2013).

Symptoms of oropharyngeal cancer include swollen lymph nodes, long-lasting sore throat, painful swallowing, hoarseness, ear pain, and unexplained weight loss. Some people have no symptoms at all. Although HPV is so prevalent in the U.S., most individuals are unaware of these symptoms and the long-term impact of HPV infections.

According to the American Dental Association Council on Scientific Affairs (2018), the HPV vaccine could help prevent the vast majority of oropharyngeal cancers and is associated with an approximate 88% reduction in prevalence of vaccine type oral HPV 16/18/6/11 infections among vaccinated adolescents in the U.S. The HPV vaccine was developed to prevent cervical cancer and other reproductive system cancers. The Food and Drug Administration (FDA) approved the vaccine for children and young adults in 2006, and recently expanded

the approval for adults up to age 45 (Bayefsky & Gostin, 2019). The CDC recommends HPV vaccination for both girls and boys aged 9-25 years. The vaccine is currently indicated for the prevention of genital warts, cervical, vulvar, anal and vaginal cancers in females, and genital warts and anal cancer in men. Strong evidence exists that the vaccine is safe and effective with greater than 90% efficacy for anogenital HPV infections and precancerous lesions.

Unfortunately, low HPV vaccination rates among individuals aged 18 to 33 years translates to a low population-level effect of the HPV vaccine (Chaturvedi et al., 2018). Data shows that Black women had 30% lower odds of HPV vaccine initiation than White women. In addition, White women are more likely to complete the three dose HPV vaccine series than Black or Latina women (Daniel-Ulloa, Gilbert, & Parker, 2016). Research indicates that no matter the race or ethnicity, men reported lower levels of HPV vaccine initiation and completion than women.

There are a number of reasons for low vaccination rates among all individuals in the recommended age range. Many health care professionals are not educating their patients about HPV, vaccinations and the link to cancer, particularly oral cancer (Arora, Ramachandra & Squirer, 2017). According to the ADA (2018), the best predictor of whether an individual receives the HPV vaccine is a recommendation from a trusted health care professional. It is imperative that providers have the resources to screen and educate patients about HPV, emphasizing the importance of prevention and vaccination before patients become sexually active. Studies have found that many health care practitioners are aware of HPV, but are less likely to recognize signs of HPV related cancers. Providers with knowledge and understanding of HPV infections and associated cancers



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are more likely to recommend the vaccine than those who are unaware of these associations (Berkowitz, Malone, Rodriguez, & Sariaya, 2015).

Parental concerns about the HPV vaccine play a major role in low rates of vaccination or outright refusal to have their children vaccinated. Religious and cultural beliefs as well as fear that HPV vaccination will promote sexual activity among their children are cited as common reasons for vaccine refusal (Sherry et al., 2018). In addition, parents have concerns about vaccine safety and trusting health care provider recommendations (Rosen, DiClemente, Shepard, Wilson, & Fehr, 2017). Educating parents and children about these sometimes challenging issues is essential to prevent the spread of HPV infection and associated cancers.

Nurses play a critical role in increasing HPV vaccine uptake and series completion. As health care providers and educators in the community, nurses are responsible for connecting parents and children to medical information and are seen as trustworthy communicators between parents and practitioners. Addressing parental concerns about vaccine safety and side effects as well as providing information about where to receive the HPV vaccine may increase the number of individuals immunized. Nurses need to educate patients about risk factors related to HPV and provide information about prevention, including the benefits of receiving the HPV vaccine.

Education and awareness about HPV has the potential to diminish HPV infections and cancers, particularly oral cancers. Providing information to parents about the HPV vaccine's safety, efficacy, and necessity may reduce parental concerns, allowing them to make informed decisions. This may lead to a substantial increase in HPV vaccine uptake.

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Please return (all documents are required or will result in no certificate)

- Completed Registration Form (Include e-mail address or will result in no certificate)
- Completed Continuing Education Post-test Questions
- Completed Evaluation Form
- Members are free, \$7.00 Fee for non-members

Registration

Name: _____

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Continuing Education Post-Activity Questions

1. HPV is the most common sexually transmitted infection in the U.S. and is responsible for new cancer-related cases diagnosed each year.
 - _____ True
 - _____ False
2. Cervical cancer remains the top HPV-associated cancer.
 - _____ True
 - _____ False
3. Risk factors for oral HPV infection include:
 - a) Smoking
 - b) Poor oral health
 - c) Unprotected oral sex
 - d) All of the above
4. Which statement accurately describes the population at risk for HPV infection?
 - a) White women had 30% lower odds of HPV vaccine initiation than Black women. Black women are more likely to complete the three dose HPV vaccine series than White or Latina women.
 - b) Men had higher rates of HPV-associated cancers of the oropharynx with White men reporting the highest number of sexual partners and performing oral sex at a younger age compared to other racial and ethnic groups.
 - c) Research indicates that no matter the race or ethnicity, women reported lower levels of HPV vaccine and completion than men.
5. Which statement regarding the HPV vaccine is false?
 - a) The HPV vaccine is associated with an approximate 88% reduction in prevalence of vaccine type oral HPV 16/18/6/11 infections among vaccinated adolescents in the U.S.
 - b) The Food and Drug Administration has approved the HPV vaccine in males and females aged 9-25.
 - c) Low HPV vaccination rates among individuals aged 18 to 33 years can be attributed to a lack of education about HPV, vaccinations and the link to cancer, particularly oral cancer.
 - d) Parental concerns about vaccine safety, religious and cultural beliefs, and fear of promoting sexual activity play a major role in low rates of HPV vaccination or outright refusal to have their children vaccinated.
6. Providers should screen and educate patients about HPV, emphasizing the importance of prevention and vaccination once patients become sexually active.
 - _____ True
 - _____ False
7. Nurses play a critical role in increasing HPV vaccine uptake and series completion by:
 - a) Connecting parents and children to medical information,
 - b) Addressing parental concerns about vaccine safety and side effects, and providing information about where to receive the HPV vaccine,
 - c) Educate patients about risk factors related to HPV and provide information about prevention, and benefits of receiving the HPV vaccine,
 - d) All of the above

EVALUATION FORM

1. The learning outcome(s) for this activity was met?
 - _____ Yes
 - _____ No

2. I found this activity worthwhile for my professional practice. (If you select "Disagree" or "Strongly Disagree," please provide a comment below.)

Strongly Agree - Agree - Neutral - Disagree - Strongly Disagree

3. This activity will enhance my knowledge/skill/practice as a health care provider. (If you select "Disagree" or "Strongly Disagree," please provide a comment below.)

Strongly Agree - Agree - Neutral - Disagree - Strongly Disagree

4. The authors were knowledgeable about the topic:

Strongly Agree - Agree - Neutral - Disagree - Strongly Disagree

5. As a result of this activity, please share at least one action you will take to change your professional practice/performance.

6. Was this independent study an effective method of learning?

7. What other topics would you like to see addressed in an independent study?

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Nurses Educational Funds, Inc. - Two Goals - Support of Graduate Nursing Education Through Annual Scholarship Awards and Mobilizing a Give Back Spirit

Nurses Educational Funds, Inc., (NEF) is the largest professionally endorsed source of scholarships for advanced nursing study in the US. The NEF mission and vision encompass our two goals:

First: To promote leadership through scholarship support for professional nurses seeking masters and doctoral degrees in nursing education, practice, service and research. Second: To be the national leader in providing graduate funds for nurse leaders in education, practice, service and research.

The need for nurse leaders is critical. NEF-funded scholars have become outstanding faculty and deans of schools of nursing, renowned researchers, and experts in healthcare delivery, administration, and policy – all leading change in every arena across the country and globally. Funding scholarships for graduate nursing education is an ongoing and challenging process that has been the key focus of NEF's volunteer board of directors.

If you are seeking to elevate your career by returning to school for a master's or doctoral degree and seek financial assistance, our annual completely online application process at www.n-e-f.org begins on October 1 of each year and closes on February 1 of the following year. A description of the requirements for NEF Scholarship application follow.

About the Scholarships:

- Scholarships are based on academic performance, a personal essay, reference letters, and validated study already in progress in graduate programs throughout the United States.
- Scholarships are provided directly to students for their use in supporting their studies.
- A long list of named endowed scholarships is available on the NEF website, at www.n-e-f.org. Since 1912 over 1200 professional nurses have received a Nurses Educational Funds, Inc. Scholarship.
- Each student's application is reviewed and scored by two separate nurse reviewers from NEF Board of Directors who do not consult with each other regarding their reviews. The review scores are then tabulated by the Criteria and Eligibility Committee nurse members for the final scholarship application determination.

About the criteria:

- GREs are not required as part of the application process.
- Student applicants must be licensed registered nurses with a bachelor of science

in nursing degree (or the equivalent requirement if an entry level Master's program).

- References are required from the student's academic, employment, and professional colleagues.
- Scholarship awards are given to students in nursing research, clinical practice, education, and administration.

About our funding:

- Each year in spring and winter NEF sends letters to nurses, nursing schools and colleges, medical centers, corporations, foundations, and individuals asking for financial support for the annual scholarships.
- Our annual Fall Gala, this year scheduled for November 13, 2019, seeks sponsorship from schools or colleges of nursing, medical centers, corporations,

Nurses Educational Funds, Inc...continued on page 19



Brittney Sullivan, NEF Scholar, 2016-2017, on top of Table Mountain in Cape Town after presenting at the Sigma Theta Tau International Nursing Research Congress, July 2016.



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American Nurses Advocacy Institute (ANAI)

ANA-NY Executive Director, Jeanine Santelli, was selected by the Board of Directors to represent ANA-NY in Washington, DC at ANAI

As the most trusted and largest sector of health professions in the U.S., registered nurses must have a voice in influencing the profession and health care. To that end, the American Nurses Association (ANA) is committed to growing nurses' political leadership skills formerly and informally through the **American Nurses Advocacy Institute (ANAI)**. **Launched by the ANA in 2009, the program grows each nurse to ultimately be an effective advisor to their state nurses association in establishing legislative / regulatory priorities, recommending strategies for execution in the advancement of a policy issue, and educating colleagues about the political realities and how they too can be more effective advocates.** The program is competitive, capped at 25 participants, so each individual can benefit optimally from the interactive sessions held in Washington, DC as well as the ongoing mentored support throughout the year. Not including the current cohort 228 have participated in the program, representing 42 states. The 2019 – 2020 class of 25 represented 21 states – CA, CT, DE, IA, KS, LA, MD, MI, MN, MO, NV, NM, NY, OR, RI, TN, TX, UT, WA, WI, WV.

While in DC, nurses hear from influential nurse leaders such as long-standing Minnesota House State Representative who campaigned for Governor in 2018, Erin Murphy, MA, RN, FAAN; Mary Behrens, MS, RN FNP BC former Wyoming State Legislator & Casper City Council and Mayor; and Dr. Irene Trowell-Harris, RN, Ed.D. Major General USAF, Retired, the former Director of the Department of Veterans Affairs Center for Women Veterans. Attendees learn about navigating the legislative process based on the political environmental scan and messaging for differing audiences from leaders in the public relations arena. The experience includes visits to Congressional offices. The learning continues throughout the year with discussion of other related topics and the ability to apply at the state level.

Each year two members are budgeted to attend, please watch for the ANAI call and consider attending this great program.



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In the Spotlight - Future Nurse Leader

Beth Bond

Beth Bond began her nursing career after moving to NY in 2012 with her husband and two children. Finally, after a few years of settling in she obtained her Associate in Applied Science Registered Nursing degree in 2019 from Finger Lakes Community College (FLCC). While attending FLCC Beth received the FLCC Foundation Scholarship, was a member of the American Nurses Association as a student nurse and was awarded the ANA-NY Future Nurse Leader Award.



Currently she is serving as a Registered Nurse for Rochester Regional Health. Specifically, Newark-Wayne Community Hospital in Newark, NY, on 2 South the Telemetry Floor. It is there that she cares for a variety of patients, but the main focus is primarily treating patients with cardiac diagnosis such as chest pain, rule out Myocardial Infarctions (MI), Congestive Heart Failure (CHF), and Acute Coronary Syndrome (ACS).

As a fitness enthusiast her love for working with cardiac patients is a no brainer. Prior to her nursing career and during nursing school she worked as a certified personal trainer and fitness instructor. Beth is a member of the community she serves and is passionate in helping people achieve healthier lives. Her passion for improving cardiac health and an overall healthy wellbeing is what continues to drive her to pursue advancement in her nursing career and goals.



Hunter College's School of Nursing has been a critical component of the NYC health care community for over 50 years. The School's undergraduate division consists of three programs leading to the Bachelor of Science (Nursing) degree: Generic, for undergraduate students who do not have a RN license; Accelerated Second-Degree, for students who have already earned a baccalaureate degree in another field; and RN-BS, for those students who have completed an associate degree nursing program and have a current license. In addition, graduate students are enrolled in 10 specialties toward the MS degree and DNP. The School also is a partner in the PhD in Nursing Science program based at the CUNY Graduate Center. Hunter College's School of Nursing is the nursing school partner for the Clinical Translational Science Center at Weill Cornell Medical College. This partnership affords faculty with interdisciplinary research opportunities and funding.

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Individuals interested in this opportunity should send a letter of interest or email, including curriculum vitae to:

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Mind/Body/Spirit

WELLNESS 101

Environmental wellness

Megan Amaya, PhD, CHES;
Bernadette Mazurek Melnyk, PhD, RN,
APRN-CNP, FAANP, FNAP, FAAN;
Susan Neale, MFA

Reprinted from *American Nurse Today*

Pay attention to your environment—it can affect your body, mind, and spirit.

This is the ninth installment in a series of articles on wellness. You can read the earlier articles at americannursetoday.com/category/wellness101/.

You DON'T HAVE TO GO FAR to experience nature—it can be in your own backyard, a community park, or walking trail. You also can venture miles from home for hiking, waterskiing, camping, or canoeing. When you're outdoors, the rest of life seems to disappear. You become "one with nature"—spiritually, mentally, and physically—as you appreciate all the beauty this planet has to offer. Your senses heighten as you become more aware of your surroundings. And you may not realize it, but you're improving your health and wellbeing. Yes, outdoor activities, from a simple walk around the block to snow tubing down a wintry hill, enhance your overall health.

We may not give a lot of thought to how the environment fits into our wellness efforts, but the environment and how we take care of it can have a huge impact on our overall well-being.

The evidence is in

Research has demonstrated that green space, such as parks, forests, and river corridors, are good for our physical and mental health. In a study by Blumenthal and colleagues, 71% of people found a reduction in depression after going for a walk outdoors, versus a 45% reduction in those who took an indoor walk. In a 2013 study from Roe and colleagues, gardening demonstrated a significant reduction in subjects' levels of the stress hormone cortisol. And in 2016, the World Health Organization conducted a systematic review of 60 studies from the United States, Canada, Australia, New Zealand, and Europe and concluded that green space is associated with reduced obesity.

More than nature

"Environment" doesn't mean only the great outdoors. Your environment is everything that surrounds you—your home, your car, your workplace, the food you eat, and the people you interact with. Nurses' work environments contain many hazards, so we need to pay extra attention to this component of our wellness. The U.S. Department of Labor rates hospitals as one of the most dangerous places to work. In 2017, the Bureau of Labor Statistics reported that private industry hospital workers face a higher incidence of injury and illness—six cases per 100 full-time workers—than employees working in other industries traditionally considered dangerous, such as manufacturing and construction. In 2015, the most common event leading to injuries in hospitals was overexertion and bodily reaction, including injuries from moving or lifting patients. In other words, those of us working with patients outside of a hospital setting are vulnerable, too.

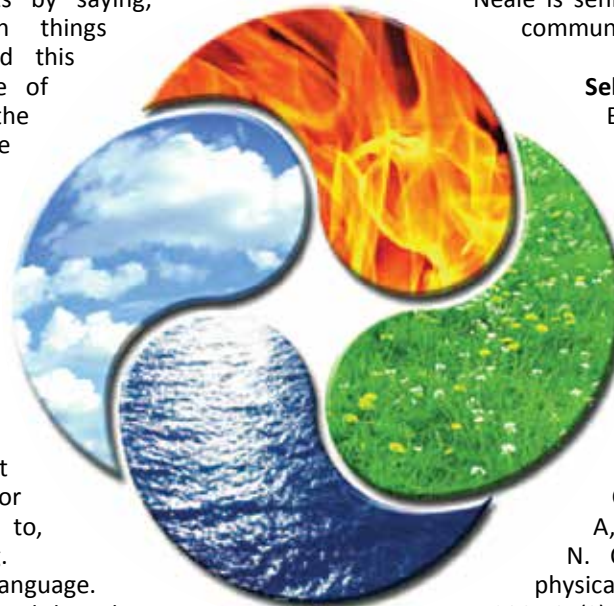
Improve your workplace environment

The good news is that many injuries can be prevented with proper equipment and training. For instance, almost 50% of reported injuries and illnesses among nurses and other hospital workers were musculoskeletal, many (25% of all workers' compensation claims for the healthcare industry in 2011) caused by overexertion from lifting, transferring, and repositioning patients. Learning safe ways to handle patients can safeguard your well-being as well as your patients'. It may be time to review your workplace safety standards or form a committee to review patient-handling procedures and other safety measures.

Of course, the people we deal with every day aren't just risk factors for disease and injury. Everyone brings his or her personalities, attitudes, and behaviors, and we can't always avoid the stress they add to our environment. We can, however, cushion ourselves against stress by modifying our own behavior.

Nurse.org offers these suggestions when dealing with a difficult patient:

- Avoid defensive thoughts. Remember, it's not about you, it's about the patient. Don't blow up at him or her because you're frustrated.
- Set boundaries. If someone behaves inappropriately toward you by swearing or yelling, set limits by saying, "There are certain things we allow here, and this behavior is not one of them. I'll step out of the room to give you time to calm down."
- Let them tell their story. Letting a patient tell you how he or she got to this point can help reduce distress and might give you insight into the behavior. Even if you don't agree with what the patient says, he or she will feel listened to, which may be calming.
- Realign your body language. Taking a few measured breaths to refocus your thoughts can help you calm down. Tension can create defensive body language that patients may react to negatively.



Choosing to thrive

Studies show that we thrive better when surrounded by people who support our goals and want to help us succeed. We can't usually choose the people we work with, but we can consciously choose to spend more time with those friends and family members who support and uplift us.

And we can all contribute to making our physical surroundings healthier, from recycling to creating a culture of respect and gratitude. (See *6 ways you can improve your environment*.) Start with a small step today—at work, at home, at school, with your family, or by volunteering in the community—to improve your environmental wellness.

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6 ways you can improve your environment

When we take care of our environment, we take care of ourselves. Get started with these ideas:

- **Reuse it.** Drink from reusable water bottles and shop with reusable bags. Glass or stainless steel water bottles are the best options, but a plastic water bottle works well, too—as long as you reuse it. Reusable shopping bags cut down on plastic bag waste. According to *The Wall Street Journal*, the United States goes through 100 billion plastic shopping bags annually. Evidence shows that they slowly release toxic chemicals once they get in the soil. If you use plastic bags, recycle them at your local grocery store.
- **Eat local.** Take advantage of farmers' markets, community-supported agriculture, and restaurants that serve local foods. Most local foods are packed with more nutrients because they don't have to travel long distances to reach your plate. Locally grown food also means less energy (fuel) is used to transport it to your kitchen or grocery store.
- **Turn it off.** Whether it's a faucet you leave running while you brush your teeth or the TV that's on when you're not in the room, if you're not using something, turn it off. You'll save energy and, as a bonus, you may save money in cheaper utility bills.
- **Travel light.** If you can, find environmentally friendly ways to travel—walk, ride your bike, or take public transportation.
- **Clean green.** Using natural or homemade cleaning products is better for you, your home, your pets, and the environment. Some items to keep on hand include white vinegar, natural salt, baking soda, and lemons.
- **Recycle.** Most communities recycle, whether by a city-sponsored pickup route or at a drop-off location. Learn more about what you can recycle from your local solid waste authority.

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- Jerelyn Weiss, Executive Director
- Susan Bowar-Ferres, PhD, RN, NEA-BC, President of Nurses Educational Funds, Inc., April, 2012- April 2017.
- Bowar-Ferres, S., Fitzpatrick, M.L., McClure, M.L. (2014, October). One hundred years and still counting, The story of NEF: yesterday, today, and tomorrow. *Nursing Administration Quarterly*, 38, (4) 303-310.

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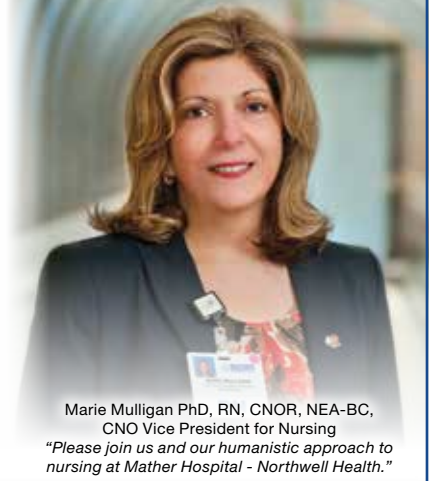
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